

THE  
BEHAVIORAL  
HEALTH  
DIVISION *of*  
**UHS**



**PATRIOT SUPPORT  
PROGRAMS** *of* **UHS**

Resource Guide

*You've Served Us.  
Now Let Us Serve You.*

**[patriotsupportprograms.com](http://patriotsupportprograms.com)**

**For immediate assistance, call our National Resource Line at 1-888-505-1475**



UHS is committed to providing specialized programs for men and women who serve or have served in the United States Armed Forces through our Patriot Support Programs and initiatives.

We serve in a complementary and supportive role with our DOD and VA colleagues, following all CDC, DOD and VA guidelines and standards in the fight against COVID-19.

Our team has identified ways to enhance our Patriot Support Programs and our overall service for active duty service men and women, veterans, first responders and TRICARE® beneficiaries.

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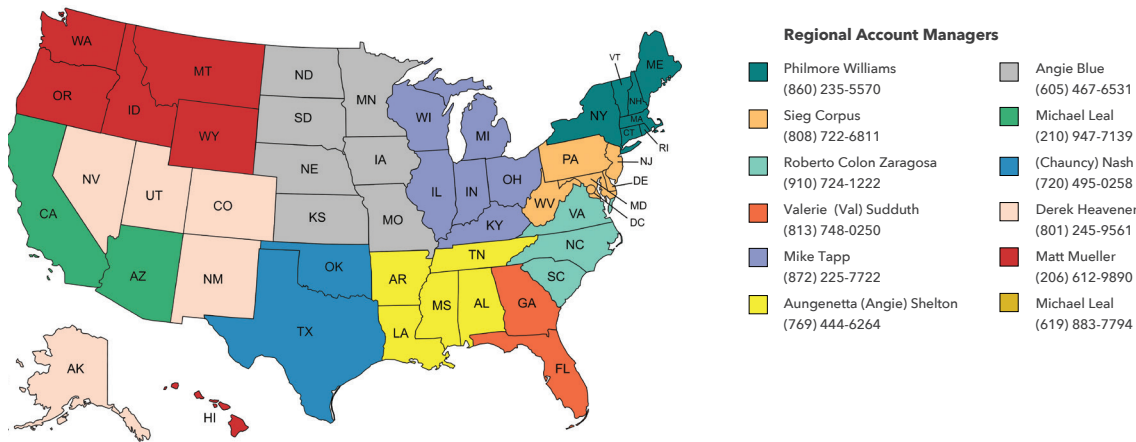
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A Commitment to Our Armed Forces

The UHS Behavioral Health Division provides programs and services to TRICARE® members and their beneficiaries, participating in the provider networks of all TRICARE® Regions and the Veterans Administration Community Care Network (CCN).

UHS’ Patriot Support Programs address behavioral health needs of all branches of the armed services, the Veterans Health Administration (VHA) and first responders. A number of Patriot Support Programs are designated “Centers of Excellence” that have been established in existing UHS behavioral health facilities.



Program Features

Patriot Support Programs have dedicated staff, psychiatrists and physicians who work collaboratively with referring agencies to achieve established treatment goals. Each program has a dedicated military liaison appointed to ensure appropriate and consistent communication.

Patriot Support Programs are dedicated to accommodating the military infrastructure and include:

- TRICARE® In-Network and Veteran’s Community Care Provider
- The principles of Ready Reliable Care
- A streamlined admission process
- Command access to staff
- Liberal visitations for Command, providers and family
- Command consultation and involvement
- Weekly clinical updates
- Evidence-based programming with a focus on reintegration, resiliency and post-traumatic growth
- Holistic and complementary alternative therapy options
- Comprehensive medication management utilizing DOD/VA formulary
- Military-only milieu, military-only groups and daily physical activity
- Expedient discharge planning and summaries
- Patient outcomes data: PCL-5, PHQ-9, and QOL

We continually enhance our programs and services to ensure military personnel, veterans and their families receive the support and care they need to succeed. All facilities listed in this booklet are TRICARE® In-Network.

International Resource Line 1-888-505-1475

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# UHS Behavioral Health Division PATRIOT SUPPORT PROGRAMS

Founded in 1979 by Executive Chairman Alan B. Miller, Universal Health Services (NYSE: UHS) is one of the largest and most respected providers of hospital and healthcare services in the U.S., Puerto Rico and the United Kingdom. A pioneer and leader in the industry, UHS attributes its longevity and success to an unwavering commitment to putting patients first in all the communities we are proud to call home.

UHS through its subsidiaries provides superior quality care across 400 acute care hospitals, behavioral health facilities, outpatient facilities and ambulatory care access points across the U.S., Puerto Rico and the United Kingdom.

The behavioral health facilities of UHS have consistently served as a significant resource for TRICARE® members. Additionally, the Patriot Support Programs of UHS have been developed and supported in response to needs demonstrated by military installations and VA hospitals in the markets served. UHS currently operates through its subsidiaries Patriot Support Centers of Excellence (dedicated specifically to service members) and Patriot Support Service Centers (treating service members in the confines of specialized programs also offered to civilians).

Patriot Support Centers of Excellence and Service Centers provide comprehensive programming for the treatment of substance use disorders and behaviorally based issues including psychiatric crisis, complex trauma, post-traumatic stress, sexual trauma, behavioral pain management and rehabilitation services. Most programs offer a continuum of services including inpatient treatment, partial hospitalization and outpatient services. Patriot Support Programs currently provide services to over 250 Military Installations and VA Hospitals across the U.S. and overseas.

## Patriot Support Centers of Excellence

Brentwood Hospital, Shreveport, LA  
Cedar Hills Hospital, Portland, OR  
Chris Kyle Patriots Hospital, Anchorage, AK  
El Paso Behavioral Health System, El Paso, TX  
Emerald Coast Behavioral Hospital, Panama City, FL  
Laurel Ridge Treatment Center, San Antonio, TX  
Lincoln Trail Behavioral Health System, Radcliff, KY  
Poplar Springs Hospital, Petersburg, VA  
Salt Lake Behavioral Health, Salt Lake City, UT  
Stonington Institute, North Stonington, CT  
University Behavioral Health of Denton, Denton, TX  
Windmoor Healthcare, Clearwater, FL

## Patriot Support Service Centers

Canyon Ridge Hospital, Chino, CA  
Cedar Springs Hospital, Colorado Springs, CO  
Coastal Harbor Health System, Savannah, GA  
Cumberland Hall Hospital, Hopkinsville, KY  
Gulfport Behavioral Health System, Gulfport, MS  
Palmetto Lowcountry Behavioral Health, North Charleston, SC  
River Oaks Hospital, New Orleans, LA  
Via Linda Behavioral Hospital, Scottsdale, AZ

## Child and Adolescent Patriot Support Centers

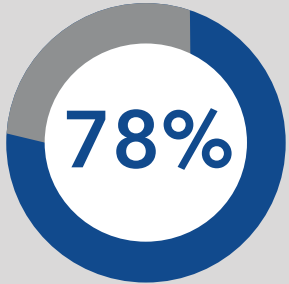
Cedar Ridge Behavioral Hospital, Oklahoma City, OK  
Columbus Behavioral Center for Children and Adolescents, Columbus, IN  
Copper Hills Youth Center, West Jordan, UT  
La Amistad Behavioral Health Services, Maitland, FL  
Laurel Ridge Treatment Center, San Antonio, TX  
Meridell Achievement Center, Liberty Hill, TX  
Palm Shores Behavioral Health Center, Bradenton, FL  
Pinnacle Point Behavioral Healthcare, Little Rock, AR  
San Marcos Treatment Center, San Marcos, TX  
Willow Springs Center, Reno, NV

# 2022 PATIENT OUTCOMES

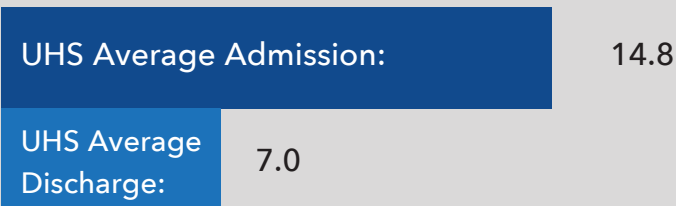
## Change in PTSD Symptoms PCL-5 (PTSD Checklist)



79% of patients  
had improvement with  
Depression symptoms  
(PHQ-9)



## Change in Depression PHQ-9 Military (Patient Health Questionnaire)



## We are proud of our high patient satisfaction scores

On a scale of 1 to 5, our  
patients rated their overall  
satisfaction as 4.5.



This survey was conducted from January through December 2022 through Mental Health Outcomes, LLC, which benchmarks patient satisfaction data for over 350 psychiatric hospitals.

## Our Net Promoter Score is 52.5

The NPS is reported as a single number. A score can be as low as -100 (every respondent is a “detractor”) or as high as +100 (every respondent is a “promoter”). A positive NPS (i.e., one that is higher than zero) is generally deemed good, an NPS of +50 is generally deemed excellent, and anything over +70 is exceptional.



	Dedicated Military Unit	Acute Care	Addiction Services (detox, rehab)	PHP (Lodging *)	IOP (Virtual *)	Substance Use Disorder	Post-Traumatic Stress	Military Sexual Trauma (Dedicated Female unit*)	Eating Disorders	Co-Occuring / Dual Diagnosis	Evidence-Based Therapies	Prolonged Exposure Therapy	EMDR	ECT*	TMS*	Exposure Therapy	Alternative Therapy	Equine Therapy
CENTERS OF EXCELLENCE																		
Brentwood Hospital, Shreveport, LA	✓	✓	✓	✓*	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓		
Cedar Hills Hospital, Portland, OR	✓	✓	✓	✓*	✓*	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
Chris Kyle Patriots Hospital <i>A part of North Star Behavioral Health System</i> Anchorage, AK	✓	✓	✓		✓*	✓	✓			✓	✓						✓	
El Paso Behavioral Health System, El Paso, TX	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	
Emerald Coast Behavioral Hospital, Panama City, FL	✓	✓	✓	✓	✓*	✓	✓	✓		✓	✓		✓		✓		✓	
Laurel Ridge Treatment Center, San Antonio, TX	✓	✓	✓	✓*	✓*	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	
Lincoln Trail Behavioral Health System, Radcliff, KY	✓	✓	✓	✓*	✓*	✓	✓	✓*		✓	✓		✓					✓
Poplar Springs Hospital, Petersburg, VA	✓	✓	✓	✓	✓*		✓	✓		✓	✓				✓			
Salt Lake Behavioral Health, Salt Lake City, UT	✓	✓	✓		✓	✓	✓	✓*		✓	✓		✓					
Stonington Institute, North Stonington, CT	✓		✓	✓		✓	✓	✓		✓	✓	✓	✓			✓		
University Behavioral Health of Denton, Denton, TX	✓	✓	✓			✓	✓	✓		✓	✓	✓				✓	✓	✓
Windmoor Healthcare, Clearwater, FL	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓			✓	
PATRIOT SUPPORT SERVICE CENTERS																		
Canyon Ridge Hospital, Chino, California		✓	✓	✓	✓	✓	✓			✓	✓					✓		
Cedar Springs Hospital, Colorado Springs, CO	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓
Coastal Harbor Treatment Center, Savannah, GA		✓	✓	✓	✓*	✓	✓	✓		✓	✓							
Cumberland Hall Hospital, Hopkinsville, KY		✓	✓	✓	✓*	✓	✓			✓	✓							✓
Fairfax Hospital, Kirkland, WA		✓	✓	✓	✓	✓	✓			✓	✓						✓	
Gulfport Behavioral Health System, Gulfport, MS	✓	✓	✓	✓	✓*	✓	✓	✓	✓	✓	✓						✓	
Palmetto Lowcountry Behavioral Health, North Charleston, SC		✓	✓	✓	✓*	✓	✓			✓	✓							
River Oaks Hospital, New Orleans, LA		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	
Via Linda Behavioral Health, Scottsdale, Arizona	✓	✓	✓		✓	✓	✓			✓	✓						✓	

✓ - Care Available
 ✓ - Specialized Track

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Center of Excellence

## Brentwood Hospital

1006 Highland Ave., Shreveport, LA 71101  
318-678-7500 | 877-678-7500 | Military Phone 318-453-3357  
**brentwoodbehavioral.com**

Services

- Military-specific treatment and case management
- Crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Post-traumatic stress
- Women’s Trauma Unit
- Partial Hospitalization Program (PHP)
- Outpatient psychiatrist services

Key Features

- Dedicated 14-bed unit
- Patient seen daily by contracted provider
- In-network TRICARE® and Veteran’s Community Care Provider
- Dedicated military liaison
- Referrals accepted 24/7
- Evidence-based therapeutic modalities: DBT, CBT, Living in Balance and EMDR
- Military veterans on staff
- Bio/psycho/social/spiritual focus
- Comprehensive medication management
- Focused on resiliency and post-traumatic growth
- Outcome measures for tracking patient progress
- Active partnership with military treatment facility, behavioral health clinic and command
- Command involvement on discharge planning
- Individual case management

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## Cedar Hills Hospital

10300 SW Eastridge St., Portland, OR 97225  
503-944-5000 | 877-601-5303  
**cedarhillshospital.com**

Services

- Specialized military program serving active duty, National Guard, reservists, veterans and First Responders
- Established track record since 2009 and enhanced cooperation with all branches of the U.S. military, the DOD/DHA and VA system
- 22 dedicated beds
- Referrals and admissions accepted 24/7/365
- Accelerated admissions to the Military Unit
- Dedicated Military Unit treatment team-program director, medical director, nurse manager and master’s-level therapists
- Dedicated military admissions coordinator and military liaison
- Veterans and reservists on full-time staff
- Military culture trained personnel
- Dual diagnosis chemical dependency/detoxification
- Medical detoxification treatment

Key Features

- Individualized treatment approach with comprehensive individual and group therapy structured around three treatment tracks: PTSD and (military) sexual trauma; substance use disorders and co-occurring mental health disorders track; mood disorders
- Evidence-based Cognitive Processing Therapy (CPT) specifically for combat-related PTS
- Cognitive Behavioral Therapy (CBT) for co-occurring disorders and mood disorders
- Substance Use Treatment: 12-Step Model including SMART Recovery; on-site AA®, relapse and risk prevention and education.

- Weekly clinical updates involving the patient, military case manager, physicians and Commanders
- Real-time communication and active partnership with Military Treatment Facility, behavioral health clinic/teams, Command and military healthcare professionals
- Comprehensive medication management in accordance with DOD/VA formulary
- Command involvement in discharge planning
- Individualized discharge, safety and aftercare planning
- Outcomes measures for patient progress tracking (PCL-5, PHQ-9)
- Comprehensive approach focused on resiliency and post-traumatic growth
- On-site gym with dedicated recreational therapist
- Spiritual assistance
- Command visits can be scheduled at any time. Face-to-face weekly family visits can be scheduled. Phone/video chats can be made daily.

- Prolonged Exposure and Exposure Therapy Outings
- Evidence-based “Living in Balance” using Hazelden curriculum for addiction treatment
- Stress management practices including yoga, Tai Chi, music, recreational and art therapy
- Treatment framework and philosophy focused on resiliency, readiness and post-traumatic recovery and growth
- Crisis stabilization

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## Chris Kyle Patriots Hospital

A part of North Star Behavioral Health System

1650 S. Bragaw St., Anchorage, AK 99508  
907-433-7326 | 800-478-7575  
[chriskylepatriotshospital.com](http://chriskylepatriotshospital.com)

Services

- Military/Veteran-specific treatment and case management
- Crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Post-traumatic stress
- 18 dedicated military beds
- Substance/alcohol use treatment: 12-step recovery based programming: on-site AA and NA groups; relapse risk, prevention and education.

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Dedicated military liaison
- Referrals accepted 24/7
- Direct admissions to unit for military patients
- Real-time communication with Command and military healthcare professionals
- Evidence-based therapeutic modalities for individual and group therapy: Cognitive Processing Therapy, Prolonged Exposure and Cognitive Behavioral Therapy (CBT)
- Substance/alcohol use treatment: 12-step recovery based programming: on-site AA® and NA groups; relapse risk, prevention and education
- Focus of care around building resiliency characteristics through treating the mind, body and spirit
- Exposure therapy, off-site outings (upon approval)
- Music Therapy
- Yoga
- Pet Therapy
- Recreation and leisure skill-building groups
- Full gym and cardio equipment to include ROPES Course and rock wall
- Comprehensive PTSD/complex treatment
- Comprehensive medication management in accordance with DOD/VA formulary
- Nursing and medical care 24/7
- Outcome measures for tracking patient progress
- Active partnership with military treatment facility, mental/behavioral health clinics and Command
- Command involvement on discharge planning
- Individual case management
- Dedicated Physical Therapy in daily schedule

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## El Paso Behavioral Health System

1900 Denver Ave., El Paso, TX 79902  
915-544-4000 | 800-967-3411  
[elpasobh.com](http://elpasobh.com)

Services

- Inpatient and outpatient services
- 18 dedicated beds
- Crisis stabilization
- Dual diagnosis
- Medical Detoxification
- Chemical dependency detoxification and 28-day substance use program (12-step, SMART Recovery, Living in Balance Curriculum)
- Complex trauma recovery (Prolonged Exposure, Cognitive Processing Therapy, and EMDR)
- Military sexual trauma recovery
- Behavioral pain management
- Electroconvulsive Therapy (ECT)
- Individual, Group, Family therapy
- Comprehensive medication management in accordance with DOD formulary

Key Features

- 24/7 streamlined admission process
- Integrated evidence-based treatment modalities
- Military veterans and retirees on staff
- Weekly clinical collaboration and command updates
- Active partnership with military treatment facility, ICE, border patrol, law enforcement, first responders
- Individualized clinical consultation and treatment plan collaboration
- Spirituality group with military chaplain and weekly services in on-site chapel
- Indoor gym with volleyball court, basketball court and Yoga
- Dedicated fitness room for military with full set of strength and aerobic equipment
- Indoor pool
- Expressive art therapy and pet therapy
- Biweekly barber services
- Special accommodations for families
- Military parking

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## Emerald Coast Behavioral Hospital

1940 Harrison Ave., Panama City, FL 32405  
850-763-0017  
[emeraldcoastbehavioral.com](http://emeraldcoastbehavioral.com)

Services

- 38-bed military-specific unit and program
- Inpatient and outpatient services
- Crisis stabilization
- Trauma/chemical dependency/dual diagnosis/medical detoxification
- Medication management utilizing military formulary
- Sexual trauma
- Gambling addiction
- Sexual addiction
- Illicit drugs
- Substance use

Key Features

- Trauma treatment: comprehensive PTSD; complex PTSD; combat-related trauma; combat operational stress
- In-network TRICARE® and Veteran’s Community Care Provider
- Substance/alcohol use treatment: 12-step recovery-based programming; on-site AA®, NA and SAA groups; relapse risk, prevention and education; engaging support network and SMART Recovery®
- Rapid response time for admissions
- Real-time communication with Command and military healthcare professionals
- Military veterans on staff
- Collaborative interdisciplinary treatment team
- Nursing education groups
- Military-specific issues groups
- Individual, group and family therapy
- Individualized case management and discharge planning to meet referring base requirements
- Evidence-based therapeutic modalities: Cognitive Processing Therapy, Cognitive Behavioral Therapy, Prolonged Exposure, Transcranial Magnetic Stimulation, Dialectical Behavior Therapy and EMDR
- Outcome measures for tracking patient progress
- Dedicated military liaison and military/VA communications liaison
- Physical training integration: gym on unit; certified physical trainer; yoga; activity therapy
- Flexible visitation hours for chain of command and chaplain

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## Laurel Ridge Treatment Center

17720 Corporate Woods Drive, San Antonio, TX 78259  
210-491-9400 | 800-624-7975  
[laurelridgetc.com](http://laurelridgetc.com)

Services

- Barber services available on campus
- Personal trainer
- Active alumni
- Military liaison on-call 24/7
- Military active-duty and veteran specific treatment
- Crisis stabilization
- Complex trauma program
- Substance use disorder and detox
- Dual diagnosis treatment
- Medical detoxification
- Medication management
- Specialized Therapeutic Services (STS)
- 80 dedicated military beds

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Evidence-based therapeutic modalities: Prolonged Exposure and Cognitive Behavioral Therapy, Dialectical Behavior Therapy
- Active partnership with Military Treatment Facility, Behavioral Health Clinic and Command
- Dedicated military services
- PTSD treatment: Prolonged Exposure, EMDR, and Cognitive Processing Therapy
  - Combat stress
  - Sexual trauma
- Substance use treatment: 12-step model and relapse prevention
  - Alcohol
  - Illicit drugs
  - Gambling
  - Sex
- Outcome measures
- Individual case management
- ROPES course
- Music therapy
- Yoga
- Functional fitness
- Art therapy
- Massage therapy
- Personal trainer
- Pastoral Care Services
- CBT when indicated
- Certified trauma therapist
- Reintegration activities
- Dedicated closed medical staff trained in DOD formulary
- ObservSMART and NightWare Sleep Technology
- Moral injury and survivor’s quilt therapy
- Trauma Recovery and Empowerment Model (TREM)
- Acceptance and Commitment (ACT) therapy
- Medical/combat specialty trauma therapy
- Obsessive-compulsive disorder (OCD) therapy
- Trauma process group therapy

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Center of Excellence

## Lincoln Trail Behavioral Health System

3909 S. Wilson Road, Radcliff, KY 40160  
270-351-9444 | 800-274-7374  
[lincolnbhavioral.com](http://lincolnbhavioral.com)

Services

- Comprehensive psychiatric evaluation by board-certified psychiatrist
- Crisis stabilization
- Psychiatric services
- Dual diagnosis
- Cognitive Behavioral Therapy, Cognitive Processing Therapy
- EMDR trained sessions
- Individual psychotherapy

- Group psychotherapy
- Family education and therapy
- Medication management
- Medical detoxification
- Physical exam and medical consultation by board-certified primary care doctor
- Dedicated Female Military Sexual Trauma Program
- 22-bed dedicated general military unit
- 22-bed dedicated military sexual trauma unit

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Therapeutic milieu, sensitive to the needs of trauma clients, maintained by trauma-informed and highly trained nursing and other mental health staff
- Collaborative interdisciplinary treatment team
- Military-experienced staff
- Nursing education groups
- Individualized care based on treatment issues
- 12-step recovery based programming
- On-site closed AA® meetings for military
- Integration and coordination with primary care providers and commanders
- Video teleconferencing
- Wellness Recovery Action Plan (WRAP), Living in Balance

- Self Management and Recovery Training (SMART)
- Access to spiritual support and guidance from a retired military chaplain
- Activity therapy – daily exercise in gymnasium and/or outdoor basketball court and other supervised recreation opportunities
- Periodic, supervised internet access for military-related purposes
- Flexible visitation hours for chain of Command and chaplain
- Family therapy
- Chronic pain management
- Expressive therapy
- 12-step facilitation
- Health and Wellness Center on unit
- Service dogs welcome

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## Poplar Springs Hospital

350 Poplar Drive, Petersburg, VA 23805  
804-733-6874 | 866-546-2229  
[poplarsprings.com](http://poplarsprings.com)

Services

- 32-bed unit with extended tracks for combat PTSD, sexual trauma, substance use and crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Military specific partial hospitalization program
- Sexual trauma programming for males and females

- Transcranial Magnetic Stimulation (TMS)
- Assistance to spiritual support
- Individualized dietary consult
- Outcome measures for patient tracking progress (PCL-5, PHQ-9, BASIC32)
- Psychological testing (as needed)
- Nursing educational groups
- Physical exam and medical consultation by board-certified primary care doctor

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- 18,000-square-foot facility solely for military personnel
- Program director and military coordinator with extensive military experience
- Evidence-based therapeutic modalities; Cognitive Processing Therapy, Dialectical Behavior Therapy, Cognitive Behavioral Therapy
- Active partnerships with Military Treatment Facilities, behavioral health clinics and Command teams
- Close proximity to medical hospital with emergency room
- Military veterans and retirees on staff
- Dedicated military liaison
- Seeking Safety® – trauma-informed care model
- Exclusive women’s unit
- Barber services
- Family sessions (when appropriate)
- Real-time communication with Command and military healthcare providers

- Liberal visitation for Commands
- Weekdays and weekend visitation for family and friends
- Indoor gym with basketball court
- Aquatic therapy (Memorial Day to Labor Day)
- Supervised internet access
- Service dogs are welcome
- Recognition of treatment completion with coin and certificate
- Extensive activity therapy, meditation, music, art and weekly exposure therapy
- Dedicated military care coordinator for 24/7 admissions
- Resiliency and post-traumatic growth focus
- Comprehensive medication management
- Outcome measures for tracking patient progress
- Individual case management
- AA®/NA meetings

Contacts

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14 UNIVERSAL HEALTH SERVICES, INC.

PATRIOT SUPPORT PROGRAMS 15



Center of Excellence

## Salt Lake Behavioral Health

3802 South 700 East, Salt Lake City, UT 84106  
877-640-0220  
**stronghope.com**

Services

- Acute Inpatient Care
- Military Sexual Assault
- Chemical Dependency
- Medication Management
- Complex and combat trauma
- Dual Diagnosis
- Crisis Stabilization
- Borderline Personality Disorder
- 50 dedicated military beds
- Mood Disorder
- Post-Traumatic Stress Disorder (Specialization)
- Childhood Sexual Assault
- Medical Detoxification

Key Features

- In-network TRICARE® and Veteran’s Community Care
- Dedicated military milieu separate from general adult population
- Dedicated Male and Female Military Units
- Direct admissions with quick response time
- Evidence-based therapeutic modalities: Cognitive Processing Therapy, Dialectical Behavior Therapy, Cognitive-Behavioral Therapy, Eye Movement Desensitization and Reprocessing
- Comprehensive PTSD treatment – Bio/psycho/social/spiritual focus
- Comprehensive medication management in accordance with DOD/VA formularies
- Weekly visits to the National Ability Center
- Outcome measures for tracking patient progress
- Active partnership with military treatment facility, behavioral health clinic, and Command for both treatment and discharge planning
- Tenured clinical team
- Fit to Recover off-site structured fitness workouts
- Anger and domestic violence management
- Individual case management with full-time military case coordinator
- Dedicated full-time military liaison
- Key program staff with military backgrounds experienced in addressing the unique needs of service members
- Visits by a licensed psychiatrist and medical providers
- One-on-one therapy with an individual therapist
- One to two expressive therapy/recreational therapy groups per day
- Two to three trauma and skills groups per day
- Relapse prevention
- Family sessions provided

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## Stonington Institute

75 Swantown Hill Road, North Stonington, CT 06359  
860-535-1010 | 860-235-5570 | 800-832-1022  
**stoningtoninstitute.com**

Services

- In-Network Provider and Selected Veteran Administration Authorization
- 28-day co-occurring program
- Male-only program
- Military program dedicated to active duty, veterans, National Guard and reserves
- Specializing in substance use
- Voluntary residential program
- Daily trauma processing group
- Located on 27 acres in rural Connecticut
- Detoxification services on campus
- Streamlined admission process
- Medication management
- 34 dedicated beds

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Cognitive Processing Therapy (CPT)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Acceptance and Commitment Therapy
- Eye Movement Desensitization Therapy (EMDR)
- Seeking Safety
- 12 Step facilitation
- Individual therapy
- Holistic Treatments
  - Activity Therapy
  - Yoga Therapy
  - Physical Therapy
  - Art Therapy
  - Martial Arts
- Family and couples counseling
- Group psychoeducation
- Life skills treatment Including:
  - anger management
  - conflict resolution
  - coping skills
- Treatment focus on military-specific issues:
  - Separation adjustment
  - Deployment readiness
  - Loss and grief counseling
  - Combat trauma
  - Sexual trauma
  - Transition adjustment

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Center of Excellence

## University Behavioral Health of Denton

2026 W. University Drive, Denton, TX 76201  
940-320-8100 | 888-320-8101  
**ubhdenton.com**

Services

- Military liaison on call 24/7
- Specialized military program serving active duty, National Guard, reservists, veterans and first responders
- Comprehensive individualized treatment plans
- Acute inpatient care
- Medical detoxification on-site
- Military Sexual Trauma (MST)
- Sexual trauma/childhood sexual trauma
- Psychodynamic therapy
- Relational therapy
- Jungian therapy
- Complex Post-Traumatic Stress Disorder (PTSD) (combat and non-combat)
- Crisis stabilization
- Effects of traumatic brain injury (TBI)
- Sleep & insomnia disorders
- Borderline personality disorders
- Grief/loss
- Anxiety/depression
- Chemical dependency
- Dual diagnosis
- Emotional regulation
- Equine therapy
- Virtual reality
- Personal training
- Chaplain/spiritual services

Key Features

- DBT-certified therapist
- In-network TRICARE® and Tri West/CNN
- Medication management aligned with DOD/VA formularies
- Outcomes measures to indicate patient progress and program effectiveness
- Streamlined referral process with 24-hour clinical admissions team
- Comprehensive communication with Military Treatment Facility (MTF) and Command for seamless treatment and discharge planning
- Multiple individual therapy sessions per week
- AA®/NA meetings
- Physical fitness center/gym on-site
- Gender specific sexual trauma groups
- Multidisciplinary team approach utilizing dedicated therapists and physicians
- Group and individual therapy: psychoeducational groups, process groups, addiction education groups, nursing education groups, domestic violence, anger management and family sessions
- Evidence-based therapeutic modalities: Cognitive Processing Therapy (CPT), Cognitive Behavioral Therapy (CBT), Cognitive Behavioral Therapy-Insomnia (CBT-I), Dialectical Behavior Therapy (DBT), Eye Movement Desensitization and Reprocessing Therapy (EMDR), Schema-Focused Cognitive Therapy, Rational Emotive Behavior Therapy (REBT), Solution-Focused Therapy (SFT), Narrative Therapy, Choice/Reality Therapy, Adlerian Theory, Attachment Theory and Positive Recovery
- Exposure Therapy/therapeutic outings
- Flexible visitation hours for Command and family
- Yoga, experiential therapy, recreational therapy, and pet therapy

Contacts

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## Windmoor Healthcare

11300 US 19 North, Clearwater, FL 33764  
727-541-2646  
**windmoor.com**

Services

- Comprehensive program for military, National Guard, reservists, veterans, and first responders
- Crisis stabilization
- Inpatient acute mental health
- Inpatient substance use
- Medical detoxification treatment
- Inpatient co-occurring/dual diagnosis treatment
- Psychological testing and assessment
- Medication management aligned with DOD formulary
- Electroconvulsive therapy
- Partial Hospitalization and Intensive Outpatient with specific mental health, substance use and co-occurring tracks
- Treatment of:
  - Trauma (to include military sexual trauma, deployment trauma, complex trauma, and childhood trauma)
  - Substance use and addictions
  - Acute mental health disorders
  - Depressive disorders
  - Psychosomatic conditions
  - Mood instability and anxiety
  - Phobic conditions
  - Co-occurring/dual diagnosis

Key Features

- In-Network with TRICARE® and Veteran’s Community Care Provider
- 20-bed, co-ed unit
- LGBTQIA2+ inclusive
- Individualized treatment plans and goals
- Dedicated veteran liaison on-call 24/7
- Evidence-based, trauma-informed treatment consistent with VA/DoD clinical practice guidelines (PE, CPT, EMDR, CBT, ACT, DBT).
- ASAM 8 Dimensions of Wellness-focused programming
- AA®/NA® meetings and SMART Recovery principles
- Designated gym
- PT led by certified personal trainers
- Veterans on staff
- Structured environment including group therapy seven days a week
- Individual therapy twice a week at minimum
- Outcomes measures for tracking patient progress including PHQ-9 & PCL-5
- Active partnership with MTFs, behavioral health clinics and Command
- Command involvement on discharge
- Flexible visiting hours for Command

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Service Center

## Canyon Ridge Hospital

5353 G St., Chino, CA 91710  
909-590-3700  
[canyonridgehospital.com](http://canyonridgehospital.com)

Services

- Military-specific case management
- Acute inpatient care
- Comprehensive program for all active military branches, National Guard, reserve and veterans
- Substance use treatment
- Medical detoxification treatment
- Psychological testing & assessment
- Medication management

Treatment of:

- Suicidal thoughts, actions
- Homicidal thoughts, actions or harm to others
- Trauma including:
  - Military deployment trauma
  - Sexual trauma
  - Complex trauma
  - Childhood trauma
  - Effects of major life events
- Dual diagnosis with substance use and addictions
- Acute mental health disorders
- Depressive disorders
- Crisis stabilization
- Outpatient treatment services
  - Partial Hospitalization (PHP)
  - Intensive Outpatient (IOP)
  - Telehealth

Key Features

- In-network TRICARE® Care Provider
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Dedicated military liaison and social worker
- Continuous communication to referring military mental health providers
- Evidence-based treatment consistent with VA/DoD clinical practice guidelines (PE, CBT, ACT, DBT)
- Alternative therapy such as pet, music, yoga, meditation

Dedicated veteran, prior military, or military-dependent staff

- Military milieu, specific programming and unit environment
- Outcomes measures for tracking patient progress including PHQ-9 & PCL-5
- Active participation with MTFs, behavioral health clinics, and Command (as necessary)
- Individual case management and therapy
- In-person or virtual visits with Command and family

## Cedar Springs Hospital

2135 Southgate Road, Colorado Springs, CO 80906  
719-633-4114 | 800-888-1088  
[cedarspringshospital.com](http://cedarspringshospital.com)

Services

- Military-specific case management
- Psychiatric services
- Acute crisis stabilization
- Medically supervised detoxification
- Inpatient addiction recovery and co-occurring rehabilitation program
- Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) for complex trauma, military sexual trauma, mental health, substance use, or co-occurring disorders
- TRICARE® certified adolescent RTC

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Direct military admissions 24/7
- Reserved parking area for military personnel and families
- Military veterans on staff
- Accommodation for Command visits and support
- Relapse prevention skills through Alcoholics Anonymous® and SMART Recovery®
- Comprehensive medication management
- Evidence-based therapeutic modalities: Cognitive Processing Therapy, Cognitive Behavioral Therapy, Dialectical Behavior Therapy
- Other modalities: Eye Movement Desensitization and Reprocessing, equine-assisted therapy, recreational therapy, physical exercise, pet therapy, yoga/mindfulness-based stress reduction therapy

Emphasis on resiliency and post-traumatic growth

- Emphasis on Return to Duty with Honor
- Emphasis on reintegration
- Family education and support
- Individualized treatment plans
- Weekly active duty military treatment updates
- Outcome measures for tracking patient progress
- Active partnership with MTF and Command
- Command involvement on discharge planning
- Off-campus boarding available for military partial hospitalization referrals
- Nationally accredited school on campus for adolescents in RTC

Contacts

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Service Center

## Coastal Harbor Health System

1150 Cornell Ave., Savannah, GA 31406  
912-354-3911 | 844-657-2638  
**coastalharbor.com**

### Services

- Crisis stabilization
- Dual diagnosis/medically supervised detoxification
- Inpatient, partial hospitalization, and intensive outpatient
- Referrals accepted 24/7
- Evidence-based therapeutic modalities (Cognitive Behavioral Therapy/Cognitive Processing Therapy)
- Complete psychiatric evaluation with daily rounds by medical staff

- Medication management
- Substance use detox
- Military veterans on staff
- Focus on resiliency and reintegration
- Active partnership with military behavioral health and Command
- Command involvement on discharge planning
- Individual case management
- 12-step groups

### Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Anxiety disorders
- Adjustment disorders
- Substance use
- Mood disorders such as depression and bipolar
- Military Care Coordinator/military access 24/7

### Contacts

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## Cumberland Hall Hospital

270 Walton Way, Hopkinsville, KY 42240  
270-886-1919 | 877-281-4177  
**cumberlandhallhospital.com**

- ### Services

  - Military-specific treatment
  - Crisis stabilization
  - Dual diagnosis chemical dependency/detoxification
  - Inpatient dual diagnosis treatment
  - Medical detoxification treatment
  - Medication management
  - Post-traumatic stress
  - Military-specific partial hospitalization program

- ### Key Features

  - In-network TRICARE® and Veteran’s Community Care Provider
  - Direct admissions for military
  - Evidence-based therapeutic modalities: Cognitive Processing Therapy, Dialectical Behavior Therapy, etc.
  - Other modalities: Eye Movement Desensitization and Reprocessing
  - Military veterans on staff
  - Complex trauma treatment
  - Bio/psycho/social/spiritual focus
  - Comprehensive medication management
  - Outcome measures for tracking patient progress
  - Command involvement on discharge planning
  - Individual case management
  - Family involvement throughout treatment

### Contacts

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Service Center

## Gulfport Behavioral Health System

11150 Highway 49 N., Gulfport, MS 39503  
800-831-1700  
**[gulfportbehavioral.com](http://gulfportbehavioral.com)**

Services

- Comprehensive Program for all Active Military Branches, Guard, Reserve and Veterans
- Chemical dependency/detoxification
- Medical detoxification treatment
- Psychological testing & assessment
- Medication management
- Treatment of:
  - Suicidal thoughts, actions
  - Homicidal thoughts, actions, and harm to others
  - Trauma including:
    - Military deployment trauma
    - Sexual trauma
    - Complex trauma
    - Childhood trauma
    - Effects of major life events
  - Dual Diagnosis with substance use and addictions
  - Acute mental disorders
  - Depressive disorders
  - Psychosomatic conditions
  - Anger/impulsive behaviors
  - Phobic conditions
  - Crisis stabilization
  - Outpatient treatment services
  - Telehealth

Key Features

- In-network TRICARE® Care Provider
- 18 bed co-ed unit
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Dedicated military liaison
- Continuous communication to referring military mental health providers
- Evidence-based treatment consistent with VA/DOD clinical practice guidelines (PE, CBT, ACT, DBT)
- Alternative therapy such as pet, gardening, yoga, meditation
- AA®/NA® meetings and SMART Recovery® principles
- Designated gym with PT program led by certified personal trainers
- Dedicated Veteran, prior military, or military dependent staff
- Military milieu, specific programming and unit environment
- Outcomes measures for tracking patient progress including PHQ-9 & PCL-5
- Active participation with MTFs, behavioral health clinics, and Command (as necessary)
- Individual case and therapy
- Open visits from military Chaplin at election of service member
- In-person or virtual visits with Command and family

Contacts

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## Palmetto Lowcountry Behavioral Health

2777 Speissegger Drive, Charleston, SC 29405  
843-747-5830 | 877-947-3223  
**[palmettobehavioralhealth.com](http://palmettobehavioralhealth.com)**

Services

- Military-specific treatment and case management
- Crisis stabilization
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management in accordance with DOD formulary
- Pain management
- Psychiatric partial hospitalization program
- Substance use intensive outpatient program
- Trauma-informed care
- Intensive outpatient and partial hospitalizations programs for trauma
- Acute inpatient services

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Dedicated physician military liaison
- Referrals accepted 24/7
- Direct admissions to unit for military patients
- Evidence-based treatment interventions: Cognitive Behavioral Therapy, Motivational Interviewing, Brief, Solution-Focused Therapy, Rational Emotive Behavior Therapy, Interpersonal Therapy, Emotion-Focused Therapy, Mindfulness-Based Therapy Cognitive Processing Therapy
- Command involvement with discharge planning
- Bio/psycho/social/spiritual focus
- Comprehensive medication management
- Focused on resiliency and post-traumatic growth
- Military parking
- Indoor gym
- Alternative therapies: yoga, music, art
- Weekly collaboration with military healthcare professionals
- On-site Alcoholics Anonymous®, NA and CA meetings
- Military Veterans on staff
- Multi-family therapy weekly in outpatient program
- Individualized treatment planning

Contacts

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River Oaks Hospital

1525 River Oaks Road West, New Orleans, LA 70123  
504-734-1740 | 800-366-1740  
riveroakshospital.com

Services

- Military Sexual Trauma (MST) Program
- Eating Disorders Treatment Program
- PTSD Program
- Medical Detoxification Program
- Dual Diagnosis Treatment Program
- Outpatient Treatment Services: IOP and PHP
- Military-Specific Treatment and Case Management
- Acute Inpatient Care
- Compulsive Behavior Treatment
- Dedicated Military Liaison on call 24/7

Key Features

- In-Network with TRICARE® and Veterans Community Care Provider
  - Eating Disorders Treatment: Anorexia Nervosa, Bulimia Nervosa, Atypical Anorexia, Avoidant/Restrictive Food Intake Disorders (ARFID), Other Specified and Unspecified Eating Disorders
  - Trauma Treatment: Military Sexual Trauma (MST), Comprehensive PTSD, Complex PTSD; Childhood Trauma
  - Medication Management aligned with DOD/VA formularies
- Real-time communication with Command and military healthcare professionals and Command involvement on discharge
  - Evidence-based therapeutic modalities: DBT, CPT, CBT, EMDR, ACT
  - Referrals 24/7
  - Private Gym
  - Service Dogs Welcomed
  - LGBTQIA+ Affirming

Contacts

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Via Linda Behavioral Hospital

9160 E Horseshoe Road, Scottsdale, AZ 85258  
Direct Admission: 800-258-4643  
vialindabehavioral.com

Services

- Military-specific treatment and case management
  - Crisis stabilization
  - Dual diagnosis treatment/detoxification
  - Inpatient dual diagnosis treatment
  - Medical detoxification treatment
  - Individual/group therapy
  - Comprehensive medication management in accordance with DOD formulary
- Treatment for mood disorders and post-traumatic stress disorder
  - Dedicated military unit
  - Substance/alcohol use treatment: 12-step, 30-day recovery-based programming: on-site AA® groups; relapse risk prevention and education
  - Military manager/coordinator on-call 24/7
  - Dedicated military milieu separate from general population

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
  - 24/7 referrals accepted and streamlined admission process
  - Real-time communication with Command and military healthcare professionals
  - Evidence-based therapeutic modalities for individual and group therapy: Cognitive Processing Therapy, and Cognitive Behavioral Therapy (CBT)
  - Focus on care around building resiliency
  - Exposure therapy, off-site outings (upon approval)
  - Music therapy
  - Art therapy
- Outdoor/indoor basketball court
  - Pet therapy
  - On-unit gym and cardio equipment
  - Nursing care 24/7
  - Outcome measures for tracking patient progress
  - Active partnership with military treatment facility, mental/behavioral health clinics and Command
  - Command involvement on discharge planning to meet base requirements
  - Individual case management
  - Dedicated physical therapy in daily schedule
  - Daily physician visit
  - Dedicated military parking
- 24/7 visitation hours for chain of Command
  - Periodic, supervised internet access for military-related purposes
  - Weekdays and weekend visitation for family and friends
  - One to two expressive therapy/recreational therapy groups per day
  - Individual treatment plans with individual care to match goals
  - Structured schedule and programming
  - Weekly clinical updates involving the patient, case manager, physician and Command

Contacts

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## Cedar Ridge Behavioral Hospital

6505 NE 50th St., Oklahoma City, OK 73141  
405-693-0336 | Fax: 405-445-3234  
[cedarridgebhs.com](http://cedarridgebhs.com)

### Services

- Inpatient services for ages 5-17
- Residential services for ages 5-17
- LGBTQIA+-affirming residential program for ages 12-17
- Medication management
- Treatment of:
  - Suicidal thoughts, actions and harm to self
  - Homicidal thoughts, actions and harm to others
  - Trauma
  - Dual diagnosis with substance use and addictions
  - Acute mental disorders
  - Depressive disorders
  - Psychosomatic conditions
  - Mood instability and anxiety
  - Anger/impulsive behaviors
  - Phobic conditions

### Key Features

- In-network TRICARE® provider
- 40-acre campus
- On-site schooling with small class size, never more than 15 in a classroom
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Continuous communication with referring military mental health providers
- Evidence-based treatment
- Expressive therapy including recreational therapy, yoga therapy and music therapy
- Outdoor recreation areas that include playground, basketball and volleyball courts
- Affirming programming for LGBTQIA+ youth
- Outcomes measures for tracking patient progress, including PHQ-9
- Active partnership with MTFs and behavioral health clinics
- Individual case management and therapy
- In-person or virtual visits with family

### Contacts

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## Columbus Behavioral Center for Children and Adolescents

2223 Poshard Drive, Columbus, IN 47203  
812-376-1711  
[columbusbehavioral.com](http://columbusbehavioral.com)

### Services

- Residential treatment services for children and adolescents ages 8-18
- Dialectical Behavior Therapy (DBT)
  - Interpersonal effectiveness
  - Emotion regulation
  - Core mindfulness
  - Distress tolerance
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Therapy components:
  - Anger and impulse behaviors
  - Processing grief, loss and trauma
  - Building self-esteem
  - Pro-social skill building
  - Relaxation and coping skills
  - Strengthening communication and expression of feelings
  - Depressive disorders
  - Mood instability and anxiety

### Key Features

- In-network TRICARE® care provider
- 57-bed facility with five separate units
- Individualized treatment plans and goals
- 24-hour nursing coverage
- Board-certified child and adolescent psychiatrists
- Master's-level therapists
- Structured schedule and programming
- Licensed and accredited school on-site
- Multidisciplinary treatment team
- Family participation
- Activity groups
- Outcomes measures for tracking patient progress, including PHQ-9 and CABA-Y

### Contacts

Michelle Orr, Director of Admissions  
812-314-3721 | [Michelle.Orr@uhsinc.com](mailto:Michelle.Orr@uhsinc.com)  
Justin Cox, Director of Operations  
812-764-6693 | [Justin.Cox@uhsinc.com](mailto:Justin.Cox@uhsinc.com)  
Mischa Staton, Director of Business Development  
812-764-6693 | [Mischa.Staton@uhsinc.com](mailto:Mischa.Staton@uhsinc.com)

## Copper Hills Youth Center

5899 West Rivendell Drive, West Jordan, UT 84081  
800-776-7116 | Fax: 801-214-2931  
[copperhillsyouthcenter.com](http://copperhillsyouthcenter.com)

### Services

- Therapeutic programs for adolescent boys and girls ages 12-17, IQ 70+
- Specialty treatment program for adolescent boys diagnosed with autism spectrum disorder, IQ 70+
- Dual diagnosis substance use treatment
- Evidence-based, trauma-informed care: SPARCS and TF-CBT
- Year-round private school fully accredited through Cognia®, includes special education and enhanced programming
- Recreation therapy coincides with our clinical program
- Psychological testing and assessment
- Medication management
- 24-hour nursing
- Weekly individual, family and group therapy
- Individualized treatment plans
- Monthly team treatment meetings to review progress
- Community outings (including service outings), such as volunteering at the local food bank, animal shelters, women’s shelters or participating in the NAMI walk.

### Key Features

- In-network TRICARE® provider
- 125 beds
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Expressive therapy: art therapy, music therapy, yoga, hip-hop
- In-house pet therapy
- Continuous communication to referring military mental health providers
- Evidence-based, trauma-informed care: SPARCS, TF-CBT
- Movie theater, arcade room, hair salon, weight room, basketball courts, pickleball courts, library, computer rooms, equine therapy
- Fire pits for bonfires
- Full-sized gym with indoor basketball court
- Challenge course (including high rope elements)
- Boys and girls sports teams: basketball and volleyball (uniforms, new shoes, letterman jackets)
- Monthly parental visits encouraged (in-person or virtual) – easily accessible location (30 minutes from Salt Lake City International Airport)
- Special education credentialed teachers

### Contacts

Arva Loveland, Director of Admissions  
800-776-7116 ext. 1105 | [Arva.Loveland@uhsinc.com](mailto:Arva.Loveland@uhsinc.com)  
Krista Modtland, Director of Business Development  
801-718-4942 | 800-776-7116 ext. 1108  
[Krista.Modtland@uhsinc.com](mailto:Krista.Modtland@uhsinc.com)

## La Amistad Behavioral Health Services

1650 North Park Ave., Maitland, FL 32751  
407-647-0660  
[lamistad.com](http://lamistad.com)

### Services

- Comprehensive residential, partial hospitalization and intensive outpatient programming for military dependents: individual, family and group therapy, family enrichments workshop
- Medication management and involvement in multidisciplinary treatment teams
- Treatment includes:
  - Military deployment trauma
  - Sexual trauma
  - Complex trauma
  - Childhood trauma
  - Effects of major life events
  - Mental disorders
  - Depressive disorders
  - Psychosomatic conditions
  - Mood instability and anxiety
  - Anger/impulsive behaviors
  - Social skills deficits
  - Full spectrum of trauma

### Key Features

- In-network TRICARE® care provider
- 45-bed residential unit for youth ages 11-17
- Streamlined direct referral and admission process, including aftercare planning
- Individualized treatment plans and goals
- Dedicated military-specific, community concierge support from admission to discharge
- Continuous communication with referring military mental health providers
- Evidence-based treatment consistent with VA/DoD clinical practice guidelines (PE, CBT, ACT, DBT)
- Holistic therapy such as equine, recreation therapy and wellness-focused activities
- Dedicated veteran, prior military or military-dependent staff
- Military milieu and specific programming and unit environment
- Outcomes measures for tracking patient progress, including CABA-Y
- Active partnership with MTFs, behavioral health clinics and Command (as necessary)
- In-person or virtual visits with family, as well as therapeutic off-campus leave when clinically appropriate

### Contacts

Shayni Sloan, Military Family Liaison  
407-257-4020 | [Shayni.Sloan@uhsinc.com](mailto:Shayni.Sloan@uhsinc.com)  
Windy McCarty, Director of Business Development  
407-461-0768 | [Windy.Mccarty@uhsinc.com](mailto:Windy.Mccarty@uhsinc.com)



## Meridell Achievement Center

12550 W. State Hwy 29, Liberty Hill, TX 78641  
800-366-8656 | Fax: 512-879-9773  
**meridell.com**

### Services

- Residential programs for children ages 10-17 of military service members
- Neurobehavioral youth are in units for middle or high school boys or girls ages 10-17
- Behavioral youth are in units for middle or high school boys or girls 13-17 (12 y/o case-by-case)
- Psychological/neuropsychological evaluation and personality/projective testing
- Medication management
- Educational support through public charter school – Ki Charter Academy
  - Grades 4-12
  - Collaborates with Meridell treatment team
  - Reading labs
  - Certified gifted and talented program
  - Participates in the Virtual School Network during treatment
- Parents view progress reports and report cards through online portal
- Animal-assisted therapies: equine therapy and care farming
- Recreation therapy
- Therapeutic passes and off-campus outings, as indicated
- Residential long-term care (three to four months)
- Treatment of:
  - Disruptive Mood Dysregulation Disorder (DMDD)
  - Intermittent Explosive Disorder (IED)
  - High-end Autism Spectrum Disorders (ASD) – Level 1
  - Anxiety and depression disorders
  - Attention-Deficit/Hyperactivity Disorder (ADHD)
  - Oppositional Defiant Disorder (ODD)
  - Bipolar Disorder

### Key Features

- In-network TRICARE® care provider
- 134-bed, co-ed medical model residential treatment center
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Dedicated Admissions Military Liaison
- Continuous communication with referring military mental health providers
- Evidence-based treatment consistent with VA/DoD clinical practice guidelines (CBT, ACT, elements of DBT, Systemic Family Therapy, Collaborative Problem Solving, trauma and other relational models)
- Full-time on-site Psych and Neuro-Psych providers for continuity of care
- 63-acre campus in an Austin suburb easily accessible to city center and international airport
- Operating for over 60 years
- Outcomes measures for tracking patient progress, including PHQ-9 and PCL-5
- Active partnership with MTFs, behavioral health clinics and Command (as necessary)
- Individual case management and therapy
- In-person or virtual visits with family

### Contacts

Wendy Hercliff, LCSW-S, RPT-S, Director of Admissions  
512-528-2140 | Wendy.Hercliff@uhsinc.com

Eric Balvantin, MBA, Director of Business Development  
512-517-2774 | Eric.Balvantin@uhsinc.com

## Palm Shores Behavioral Health Center

1324 37th Ave. East, Bradenton, FL 34208  
941-792-2222  
**palmshoresbhc.com**

### Services

- Residential treatment center for adolescents ages 11-17
- Intensive residential psychiatric services
- Psychological testing and assessment
- Medication management
- Education programming with ESE teachers and Reach Program offering advanced curriculum
- Patriot Support Program for dependents of military families
- Treatment of:
  - Suicidal thoughts, actions and harm to others
  - Homicidal thoughts, actions and harm to others
  - Military deployment trauma (dependent adolescents)
  - Sexual trauma
  - Complex trauma
  - Childhood trauma
  - Effects of major life events
  - Primary diagnosis psychiatric: emotional and behavioral
  - Depression
  - Bipolar disorder
  - Suicidal ideation
  - Schizophrenia
  - Mood instability and anxiety
  - Anger/impulsive behaviors
  - Hallucinations/delusional thinking

### Key Features

- In-network TRICARE® care provider
- 65-bed, single-sex units
- Streamlined referrals and admissions
- Individualized treatment plans and goals
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Phase system of behavioral management
- Communication with referring mental health providers (military) for continuity of care
- Evidence-based treatment
- Expressive therapy: art and music
- Assigned psychiatrist and therapist
- Outcomes measures for tracking patient progress: PHQ-9 & CABA
- Individual, family and group therapy
- Treatment team meetings: measuring the progress in the phase system and individualized treatment plan

### Contacts

Albert (Albie) DiStefano, Director of Admissions  
941-792-2222 ext 103 | Albert.Distefano@uhsinc.com

Pilar von Lazar, Director of Business Development  
941-792-2222 | Pilar.VonLazar@uhsinc.com

Admissions Department  
941-792-2222 | palmshoresreferrals@uhsinc.com

Pinnacle Point Behavioral Healthcare

11501 Financial Centre Parkway, Little Rock, AR 72211  
800-880-3322  
pinnaclepointehospital.com

Services

- Acute and sub-acute (long-term) inpatient treatment for military dependents ages 5-17
- Individual, group and family therapy
- Medication management
- Treatment of:
  - Suicidal thoughts, actions and harm to others
  - Homicidal thoughts, actions and harm to others
  - Military deployment trauma
  - Sexual trauma
  - Complex trauma
  - Childhood trauma
  - Effects of major life events
  - Dual diagnosis with mental illness and substance use disorder
  - Acute mental disorders
  - Depressive disorders
  - Mood instability and anxiety
  - Anger/impulsive behaviors

Key Features

- In-network TRICARE® care provider
- Individual, group, recreational and family therapy
- Teletherapy and Tele-assessments
- Global Distance Family Therapy
- Cognitive Processing Therapy (CPT)
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Exposure therapy, off-site outings (upon approval for sub-acute/long-term)
- 3-4 milieu daily groups
- Medication management services
- Experiential therapies
- Animal-assisted therapy
- Equine therapy
- Mindfulness/yoga

Contacts

Mary Clary, Sub-acute Military Family Liaison  
800-880-3322 ext. 4784 | Mary.Clary@uhsinc.com  
Elesha Granniss, MSgt (Air Force Ret.),  
Military Family Liaison  
501-960-5037 | Elesha.Granniss@uhsinc.com  
Donna Monk, Director of Business Development  
501-658-1321 | Donna.Monk@uhsinc.com

San Marcos Treatment Center

120 Bert Brown St., San Marcos, TX 78666  
800-251-0059 | Intake: 800-848-9090  
Fax: 800-205-9739 | sanmarcostc.com

Services

- Comprehensive psychiatric residential program for military dependents and their families
- Individual, group and family therapy
- Individualized treatment plans and goals
- Individual case management
- In-person or virtual family therapy
- Psychological testing and assessments
- Evidence-based practices and specialty certifications:
  - Psychotropic medication treatment by board-certified child and adolescent psychiatrists
  - Clinical team are certified clinical trauma providers
  - Neurosequential Model of Therapeutics (NMT)
  - Dialectical Behavior Therapy (DBT)
  - Eye Movement Desensitization and Reprocessing (EMDR)
- Trust-Based Relational Interventions (TBRI)
- Play therapy
- Occupational therapy
- Therapeutic yoga
- Recreational therapy
- Nurtured Heart Approach
- Vocational training and paid work opportunities
- Off-campus outings
- Ki Charter Academy partnership for educational services:
  - Grades 1-12
  - Special education-certified teachers in each classroom
  - High school credit recovery
  - College prep courses

Key Features

- In-network TRICARE® care provider for both East and West
- Continuous communication to referring military mental health providers
- Long history of treating military dependents since 1968
- Active partnership with MTFs and behavioral health clinics
- Streamlined direct referral and admission process
- 65-acre wooded and serene therapeutic setting
- Boys and girls, ages 6-17
- 212 beds with 13 different living units
- Cafeteria
- Two gymnasiums and two swimming pools, sports court, playground
- Greenhouse and garden, nature healing trail, ROPES course
- Play therapy rooms
- Periodic assessment to track statistically meaningful change

Contacts

Bari Roberts, Intake Director  
800-848-9090, ext 3857 | Bari.Roberts@uhsinc.com  
Sherri Gonzalez, Director of Business Development  
512-749-0943 or 800-251-0059, ext 3204  
Sherri.Gonzalez@uhsinc.com

## Willow Springs Center

690 Edison Way, Reno, NV 89502

775-858-3303

**willowspringscenter.com**

## Services

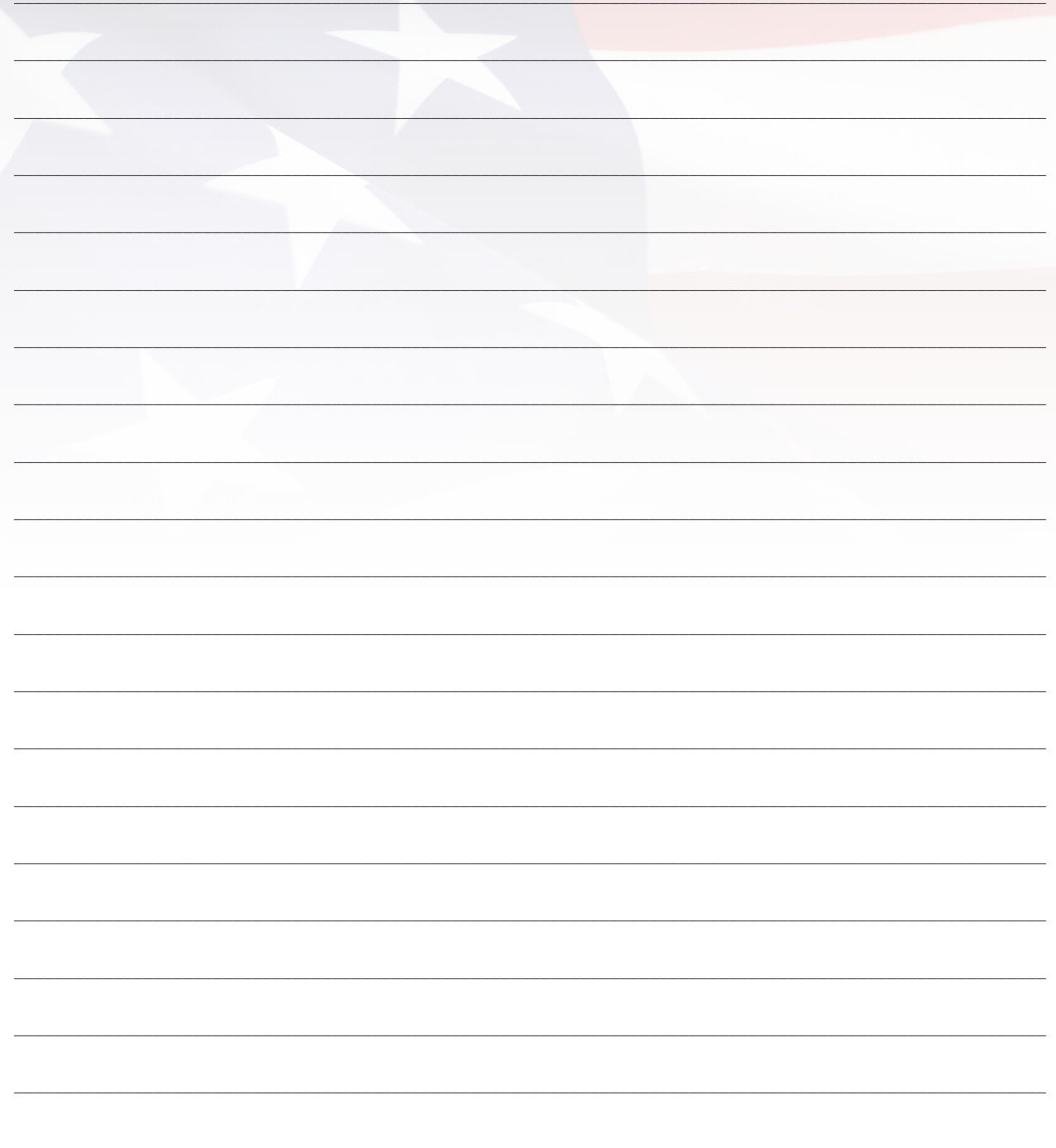
- |  |  |   |
|--|--|---|
| <ul style="list-style-type: none"> <li>• Dialectical Behavior Therapy Program</li> <li>• Residential program for children ages 12-17 of military service members</li> <li>• Units for middle or high school boys or girls ages 12-17</li> <li>• Psychological/neuropsychological evaluation and personality/projective testing</li> <li>• Weekly medication management</li> <li>• 24-hour nursing on-site</li> <li>• Weekly individual &amp; family therapy</li> <li>• Family Connections (weekly support/skills group for loved ones)</li> <li>• Daily skills training groups</li> <li>• DBT skills groups</li> <li>• Emotional wellness groups</li> <li>• Drug and alcohol counseling</li> <li>• On-site weekly AA®</li> </ul> | <ul style="list-style-type: none"> <li>• Nutrition assessment with a certified dietitian</li> <li>• Educational support through on-site accredited school-Truckee Meadows Grades 7-12 (6th on a case-by-case basis)</li> <li>• Collaborates with Willow Springs Center's treatment team</li> <li>• Participation in IEP/504 meetings with local school district in preparation for discharge</li> <li>• Parents view progress reports and report cards through online portal</li> <li>• Advisors assigned to each patient for biweekly communication</li> <li>• Recreation therapy</li> <li>• Animal-assisted therapies: equine therapy (off-site) and pet therapy (on-site)</li> <li>• Ropes Course (personal development and team building)</li> </ul> | <ul style="list-style-type: none"> <li>• Therapeutic passes and off-campus outings, as indicated</li> <li>• Residential long-term care (120-150 days)</li> <li>• Treatment of:             <ul style="list-style-type: none"> <li>- suicidality and parasuicidity</li> <li>- self-injurious behavior</li> <li>- affective mood lability</li> <li>- problems with anger</li> <li>- chaotic relationships</li> <li>- fear of abandonment</li> <li>- difficulties with sense of self</li> <li>- sense of emptiness</li> <li>- dissociative behaviors</li> <li>- running away</li> <li>- substance use/misuse</li> <li>- depressive disorders</li> <li>- secondary eating disorders</li> <li>- panic disorders, generalized</li> <li>- anxiety disorders</li> <li>- bipolar disorder</li> <li>- post-traumatic stress disorder</li> <li>- personality disorders</li> <li>- high-end autism spectrum disorders</li> <li>- attention-deficit/hyperactivity disorder (ADHD)</li> </ul> </li> </ul> |
|--|--|---|

### Key Features

- In-network TRICARE® provider
- 116-bed, locked and secure, prosocial and seclusion-free environment
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Continuous communication with referring military mental health providers
- Evidence-based treatment (Dialectical Behavior Therapy, Dialectical Behavior Therapy-Prolonged Exposure, Family Connections)
- Board Certified Child and Adolescent Psychiatrists
- Intensively trained DBT clinicians
- Campus 10 minutes away from the Reno Tahoe Airport at the base of the Sierra Nevada Mountains
- Operating for over 30 years
- Outcomes measures for tracking patient progress, including PHQ-9 and DERS
- Active partnership with your local treatment team, including family therapy with local therapist
- Individual case management and therapy
- In-person or virtual visits with family

## Contacts

Taylor Landa, Executive Director RTC  
775-858-3303 | [Taylor.Landa@uhsinc.com](mailto:Taylor.Landa@uhsinc.com)

The image features a stylized, faded American flag as a background. The flag's design, including the stars and stripes, is visible but semi-transparent, allowing the writing lines to be clearly seen. Overlaid on the flag are numerous horizontal lines, typical of a notebook page, providing a space for text. The lines are evenly spaced and extend across the width of the page.





# PATRIOT SUPPORT PROGRAMS of UHS

TRICARE®, VETERAN AND RESERVE/NATIONAL GUARD SUPPORT

*UHS Facilities* are TRICARE® in-network and provide a comprehensive array of programs and services for Active Duty Services Members, Reserve/National Guard Ready Reserve Service, Veterans and their families. Our qualified staff have extensive experience working in acute and residential settings. Staff understand the needs of service members, veterans and their families, including the struggles of dealing with multiple deployments, transitional stress, anxiety, substance use/chemical dependency and influence of peers. Staff work diligently to help ensure a climate of support, resolution and personal success with a focus on reuniting the family as quickly as possible.

## Current TRICARE® In-Network and Contracted Residential Treatment Centers

North Star Behavioral Health System - Anchorage, AK  
Alabama Clinical Schools - Birmingham, AL  
Laurel Oaks - Dothan, AL  
Pinnacle Pointe - Little Rock, AR  
Cedar Springs Behavioral Health Services - Colorado Springs, CO  
Palm Shores Behavioral Health Center - Bradenton, FL  
La Amistad Behavioral Health Services - Maitland, FL  
Sandy Pines - Tequesta, FL  
Coastal Harbor Treatment Center - Savannah, GA  
Laurel Heights Hospital - Atlanta, GA  
Lighthouse Center of Augusta - Augusta, GA  
Columbus Behavioral Center - Columbus, IN  
Valle Vista Health System - Greenwood, IN  
Midwest Center for Youth and Families - Kouts, IN  
Michiana Behavioral Health Center - Plymouth, IN  
Lincoln Trail Behavioral Health System - Radcliff, KY  
The Brook Hospital, Dupont - Louisville, KY  
The Brook-KMI - Louisville, KY  
Heartland Behavioral Health Services - Nevada, MO  
Diamond Grove Center - Louisville, MS  
Brynn Marr Hospital - Jacksonville, NC  
Willow Springs Center - Reno, NV  
Belmont Pines Hospital - Youngstown, OH  
Foundations for Living - Mansfield, OH

Cedar Ridge - Oklahoma City, OK  
Foundations Behavioral Health - Doylestown, PA  
Palmetto Summerville - Summerville, SC  
Three Rivers RTC Midlands - Columbia, SC  
Oak Plains Academy - Ashland, TN  
Cedar Grove RTC - Murfreesboro, TN  
Compass Intervention Center - Memphis, TN  
Mountain Youth Academy - Mountain City, TN  
Hermitage Hall - Nashville, TN  
Natchez Trace Youth Academy - Waverly, TN  
Laurel Ridge Treatment Center - San Antonio, TX  
Meridell Achievement Center - Liberty Hill, TX  
San Marcos Treatment Center - San Marcos, TX  
Center for Change - Orem, UT  
Provo Canyon Schools Boys Campus - Provo, UT  
Provo Canyon Springville - Springville, UT  
Copper Hills Youth Center - West Jordan, UT  
Benchmark Behavioral Health System - Woods Cross, UT  
The Hughes Center - Danville, VA  
North Spring Behavioral Healthcare - Leesburg, VA  
Cumberland Hospital - New Kent, VA  
Newport News Behavioral Health Center - Newport News, VA  
Kempsville Center for Behavioral Health - Norfolk, VA  
Poplar Springs Hospital - Petersburg, VA

Harbor Point Behavioral Health Center - Portsmouth, VA  
Liberty Point Behavioral Healthcare - Staunton, VA  
Wyoming Behavioral Institute - Casper, WY

## Substance Use Disorder Treatment Centers

Calvary Healing Center - Phoenix, AZ  
Michael's House - Palm Springs, CA  
The Canyon of Santa Monica - Los Angeles, CA  
Black Bear Treatment Center - Suches, GA  
Foundations Detroit - Royal Oak, MI  
Skywood Recovery - Augusta, MI  
Pride Institute - Minneapolis, MN

1-888-505-1475

Current as of October, 2023

**UHS Universal Health Services, Inc.**

[patriotssupportprogram.com](http://patriotssupportprogram.com) | [uhs.com](http://uhs.com)

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# PATRIOT SUPPORT PROGRAMS of UHS

TRICARE®, VETERAN AND RESERVE/NATIONAL GUARD SUPPORT

## TRICARE® In-Network Facilities

Facilities that offer an array of services for TRICARE beneficiaries.

Chris Kyle Patriots Hospital - Anchorage, AK  
North Star Behavioral Health System - Anchorage, AK  
Hill Crest Behavioral Health Services - Birmingham, AL  
Laurel Oaks Behavioral Health Center - Dothan, AL  
Pinnacle Pointe Behavioral Healthcare System - Little Rock, AR  
Rivendell Behavioral Health Services of Arkansas - Benton, AR  
The BridgeWay - N. Little Rock, AR  
Palo Verde Behavioral Health - Tucson, AZ  
Quail Run Behavioral Hospital - Phoenix, AZ  
Valley Hospital - Phoenix, AZ  
Via Linda Behavioral Hospital - Scottsdale, AZ  
Alhambra Hospital - Rosemead, CA  
Canyon Ridge Hospital - Chino, CA  
Corona Behavioral Health - Corona, CA  
Del Amo Hospital - Torrance, CA  
Fremont Hospital - Fremont, CA  
Heritage Oaks Hospital - Sacramento, CA  
River Vista - Madera, CA  
Sierra Vista Hospital - Sacramento, CA  
Cedar Springs Hospital - Colorado Springs, CO  
Centennial Peaks Hospital - Louisville, CO  
Highlands Behavioral Health System - Littleton, CO  
Stonington Institute - North Stonington, CT  
The George Washington University Hospital - Washington, DC  
Psychiatric Institute of Washington - Washington, DC  
Dover Behavioral Health System - Dover, DE  
Rockford Center - Newark, DE  
Anchor Hospital - Atlanta, GA  
Coral Shores Behavioral Health - Stuart, FL  
Emerald Coast Behavioral Hospital - Panama City, FL  
Fort Lauderdale Hospital - Fort Lauderdale, FL  
Palm Point Behavioral Health - Titusville, FL  
River Point Behavioral Health - Jacksonville, FL  
Suncoast Behavioral Health Center - Bradenton, FL  
The Vines Hospital - Ocala, FL  
University Behavioral Center - Orlando, FL  
Wekiva Springs Hospital - Jacksonville, FL  
Windmoor Healthcare - Clearwater, FL  
Coastal Behavioral Health System - Savannah, GA  
Peachford Hospital - Atlanta, GA  
St. Simons By-the-Sea - St. Simons Island, GA  
SummitRidge Hospital - Lawrenceville, GA  
Turning Point Hospital - Moultrie, GA  
Clive Behavioral Health - Clive, IA  
Intermountain Hospital - Boise, ID

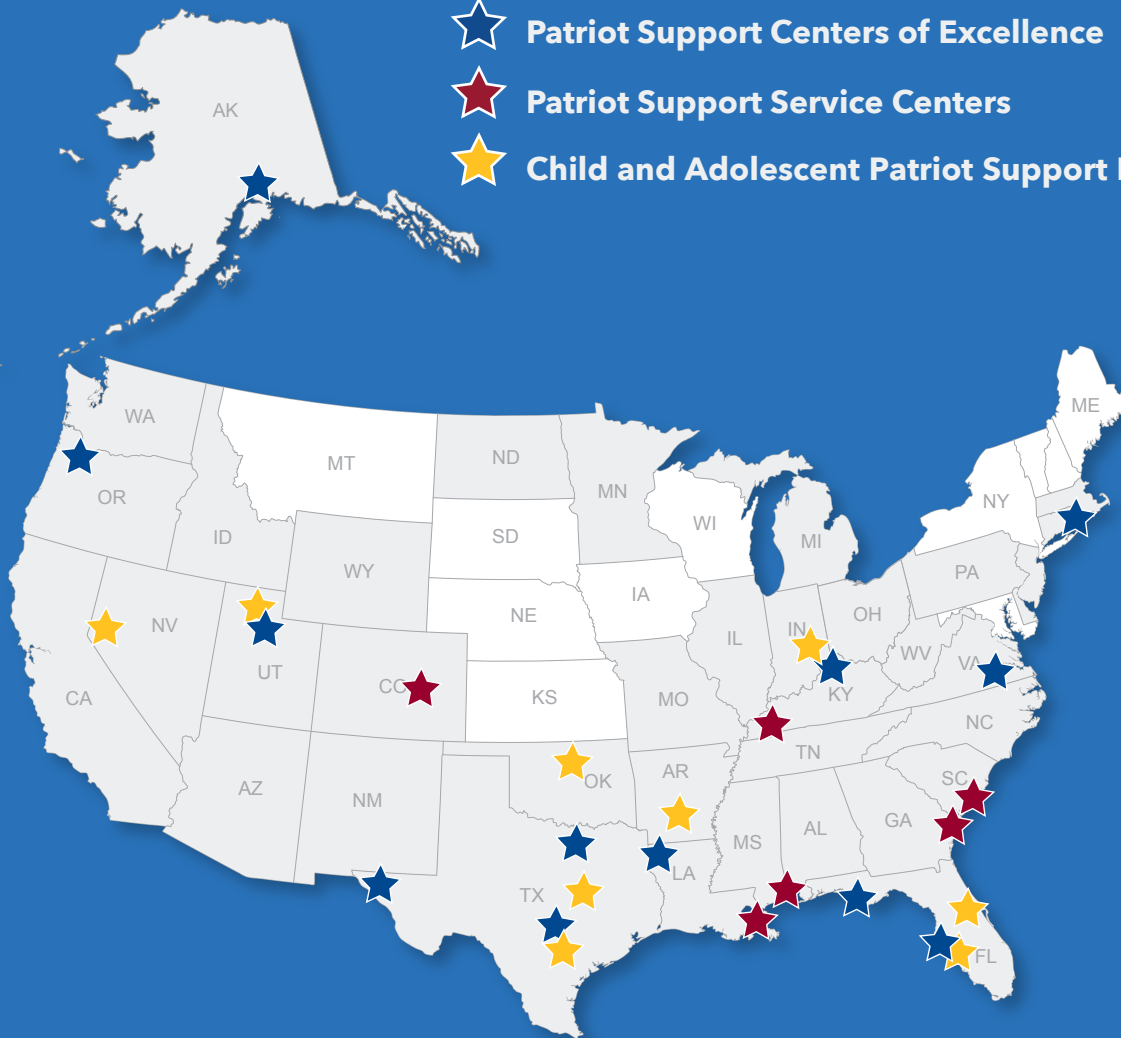
Hartgrove Hospital - Chicago, IL  
Lincoln Prairie Behavioral Health Center - Springfield, IL  
Riveredge Hospital - Forest Park, IL  
Streamwood Behavioral Health System - Streamwood, IL  
The Pavilion Behavioral Health System - Champaign, IL  
Bloomington Meadows Hospital - Bloomington, IN  
Michiana Behavioral Health Center - Plymouth, IN  
Valle Vista Health System - Greenwood, IN  
Wellstone Regional Hospital - Jefferson, IN  
Cumberland Hall Hospital - Hopkinsville, KY  
Lincoln Trail Behavioral Health System - Radcliff, KY  
Rivendell Behavioral Health Services - Bowling Green, KY  
The Brook Hospital - Dupont, Louisville, KY  
The Brook-KMI - Louisville, KY  
The Ridge Behavioral Health System - Lexington, KY  
Brentwood Hospital - Shreveport, LA  
River Oaks Hospital - Harahan, LA  
Arbour Hospital - Boston, MA  
Arbour Fuller Hospital - South Attleboro, MA  
Arbour HRI Hospital - Brookline, MA  
Pembroke Hospital - Pembroke, MA  
Beaumont Behavioral Health - Dearborn, MI  
Cedar Creek Hospital of Michigan - St. Johns, MI  
Forest View Hospital - Grand Rapids, MI  
Havenwyck Hospital - Auburn Hills, MI  
Pride Institute - Eden Prairie, MN  
Heartland Behavioral Health Services - Nevada, MO  
Southeast Behavioral Hospital - Cape Girardeau, MO  
Alliance Health Center - Meridian, MS  
Brentwood Behavioral Healthcare of MS - Flowood, MS  
Diamond Grove Center - Louisville, MS  
Parkwood Behavioral Health System - Olive Branch, MS  
Brynn Marr Hospital - Jacksonville, NC  
Holly Hill Hospital - Raleigh, NC  
Old Vineyard Behavioral Health Services - Winston-Salem, NC  
Prairie St. Johns - Fargo, ND  
Hampton Behavioral Health Center - Westhampton, NJ  
Summit Oaks Hospital - Summit, NJ  
Mesilla Valley Hospital - Las Cruces, NM  
Spring Mountain Sahara - Las Vegas, NV  
Spring Mountain Treatment Center - Las Vegas, NV  
Arrowhead Behavioral Health - Maumee, OH  
Belmont Pines Hospital - Youngstown, OH  
Windsor-Laurelwood Center - Willoughby, OH  
Bethany Behavioral Health - Bethany, OK  
Cedar Ridge Hospital - Oklahoma City, OK  
Cedar Hills Hospital - Beaverton, OR

Brooke Glen Behavioral Health - Fort Washington, PA  
Clarion Psychiatric Center - Clarion, PA  
Fairmount Behavioral Health System - Philadelphia, PA  
Foundations Behavioral Health - Doylestown, PA  
Friends Hospital - Philadelphia, PA  
Lancaster Behavioral Health Hospital - Lancaster, PA  
Roxbury Treatment Center - Shippensburg, PA  
The Horsham Clinic - Ambler, PA  
The Meadows - Centre Hall, PA  
Panamericano - Cidra, PR  
Aurora Pavilion Behavioral Health System - Aiken, SC  
Lighthouse Care Center of Conway - Conway, SC  
Palmetto Lowcountry Behavioral Health - N. Charleston, SC  
The Carolina Center for Behavioral Health - Greer, SC  
Three Rivers Behavioral Health - West Columbia, SC  
Lakeside Behavioral Health System - Memphis, TN  
Rolling Hills Hospital - Franklin, TN  
Austin Oaks Hospital - Austin, TX  
Behavioral Hospital of Bellaire - Houston, TX  
Cypress Creek Hospital - Houston, TX  
El Paso Behavioral Health System - El Paso, TX  
Glen Oaks Hospital - Greenville, TX  
Hickory Trail Hospital - DeSoto, TX  
Kingwood Pines Hospital - Kingwood, TX  
Laurel Ridge Treatment Center - San Antonio, TX  
Mayhill Hospital - Denton, TX  
Millwood Hospital - Arlington, TX  
River Crest Hospital - San Angelo, TX  
South Texas Behavioral Health Center - Edinburg, TX  
Texas NeuroRehab Center - Austin, TX  
Texoma Medical Center Behavioral Health Center - Sherman, TX  
The Pavilion at Northwest Texas - Amarillo, TX  
University Behavioral Health of Denton - Denton, TX  
West Oaks Hospital - Houston, TX  
Provo Canyon Behavioral Hospital - Orem, UT  
Salt Lake Behavioral Health - Salt Lake City, UT  
Kempsville Center for Behavioral Health - Norfolk, VA  
Poplar Springs Hospital - Petersburg, VA  
Virginia Beach Psychiatric Center - Virginia Beach, VA  
Fairfax Hospital - Everett, WA  
Fairfax Hospital - Kirkland, WA  
Fairfax Hospital - Monroe, WA  
Inland Northwest Behavioral Health - Spokane, WA  
River Park Hospital - Huntington, WV  
Wyoming Behavioral Institute - Casper, WY

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**UHS Universal Health Services, Inc.**

- ★ Patriot Support Centers of Excellence
- ★ Patriot Support Service Centers
- ★ Child and Adolescent Patriot Support Program



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Behavioral Health Division of UHS  
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To learn more about our services  
and programs please call our  
**National Resource Line at**  
**1-888-505-1475**



Universal Health Services, Inc.  
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*Patriot Support Centers as of October 2023*

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