

THE
BEHAVIORAL
HEALTH
DIVISION of
UHS



**PATRIOT SUPPORT
PROGRAMS** of **UHS**

Resource Guide

*You've Served Us.
Now Let Us Serve You.*

patriotsupportprogram.com

For immediate assistance, call our National Resource Line at 1-888-505-1475

UHS is committed to providing specialized programs for men and women who serve or have served in the United States Armed Forces through our Patriot Support Programs and initiatives.

We serve in a complementary and supportive role with our DOD and VA colleagues, following all CDC, DOD and VA guidelines and standards in the fight against COVID-19.

Our team has identified ways to enhance our Patriot Support Programs and our overall service for active duty service men and women, veterans, first responders and TRICARE® beneficiaries.

UHS Behavioral Health Division Military Support Team

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UHS Patriot Support Advisory Board

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Major (Ret.) James Ramsey, United States Army

A Commitment to Our Armed Forces

The UHS Behavioral Health Division provides programs and services to TRICARE® members and their beneficiaries, participating in the provider networks of all TRICARE® Regions and the Veterans Administration Community Care Network (CCN).

UHS’ Patriot Support Programs address behavioral health needs of all branches of the armed services, the Veterans Health Administration (VHA) and first responders. A number of Patriot Support Programs are designated “Centers of Excellence” that have been established in existing UHS behavioral health facilities.

Program Features

Patriot Support Programs have dedicated staff, psychiatrists and physicians who work collaboratively with referring agencies to achieve established treatment goals. Each program has a dedicated military liaison appointed to ensure appropriate and consistent communication.

Patriot Support Programs are dedicated to accommodating the military infrastructure and include:

- In-network TRICARE® and Veteran’s Community Care Provider
- A streamlined admission process
- Command access to staff
- Liberal visitations for Command, providers and family
- Command consultation and involvement
- Weekly clinical updates
- Evidence-based programming with a focus on reintegration, resiliency and post-traumatic growth
- Holistic and complementary alternative therapy options
- Comprehensive medication management utilizing DOD/VA formulary
- Military-only milieu, military-only groups and daily physical activity
- Expedient discharge planning and summaries
- Patient outcomes data: PCL-5, PHQ-9, and QOL

We continually enhance our programs and services to ensure military personnel, veterans and their families receive the support and care they need to succeed. All facilities listed in this booklet are TRICARE®-certified.

International Resource Line 1-888-505-1475

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UHS Behavioral Health Division PATRIOT SUPPORT PROGRAMS

Founded in 1979 by Chairman and CEO Alan B. Miller, Universal Health Services (NYSE: UHS) is one of the largest and most respected providers of hospital and healthcare services in the U.S. and the United Kingdom. A pioneer and leader in the industry, UHS attributes its longevity and success to an unwavering commitment to putting patients first in all the communities we are proud to call home.

UHS and its affiliates provide superior quality care across 400 acute care hospitals, behavioral health facilities, outpatient facilities and ambulatory care access points across the U.S., Puerto Rico and the United Kingdom.

The behavioral health facilities of UHS have consistently served as a significant resource for TRICARE® members. Additionally, the Patriot Support Programs of UHS have been developed and supported in response to needs demonstrated by military installations and VA hospitals in the markets served. UHS currently operates Patriot Support Centers of Excellence (dedicated specifically to service members) and Patriot Support Service Centers (treating service members in the confines of specialized programs also offered to civilians).

Patriot Support Centers of Excellence and Service Centers provide comprehensive programming for the treatment of substance use disorders and behaviorally based issues including psychiatric crisis, complex trauma, post-traumatic stress, sexual trauma, behavioral pain management and rehabilitation services. Most programs offer a continuum of services including inpatient treatment, partial hospitalization and outpatient services. Patriot Support Programs currently provide services to over 250 Military Installations and VA Hospitals across the U.S. and overseas.

Patriot Support Centers of Excellence

Brentwood Hospital, Shreveport, LA
Cedar Hills Hospital, Portland, OR
Chris Kyle Patriots Hospital, Anchorage, AK
El Paso Behavioral Health System, El Paso, TX
Emerald Coast Behavioral Hospital, Panama City, FL
Laurel Ridge Treatment Center, San Antonio, TX
Lincoln Trail Behavioral Health System, Radcliff, KY
Poplar Springs Hospital, Petersburg, VA
Salt Lake Behavioral Health, Salt Lake City, UT
Stonington Institute, North Stonington, CT
University Behavioral Health of Denton, Denton, TX
Windmoor Healthcare, Clearwater, FL

Patriot Support Service Centers

Cedar Springs Hospital, Colorado Springs, CO
Coastal Harbor Treatment Center, Savannah, GA
Cumberland Hall Hospital, Hopkinsville, KY
Gulfport Behavioral Health System, Gulfport, MS
Palmetto Lowcountry Behavioral Health, North Charleston, SC
River Oaks Hospital, New Orleans, LA
The Pavilion Northwest Texas Healthcare System, Amarillo, TX

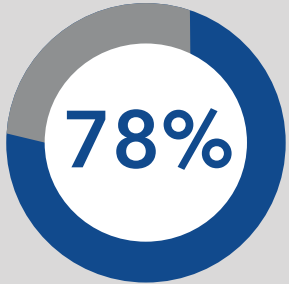
2022 PATIENT OUTCOMES

Change in PTSD Symptoms PCL-5 (PTSD Checklist)

UHS Average Admission: 40.7

UHS Average Discharge: 23.5

79% of patients
had improvement with
Depression symptoms
(PHQ-9)



Change in Depression PHQ-9 Military (Patient Health Questionnaire)

UHS Average Admission: 14.8

UHS Average
Discharge: 7.0

We are proud of our high patient satisfaction scores

On a scale of 1 to 5, our
patients rated their overall
satisfaction as 4.5.



This survey was conducted from January through December 2022 through Mental Health Outcomes, LLC, which benchmarks patient satisfaction data for over 350 psychiatric hospitals.

Our Net Promoter Score is 52.5

The NPS is reported as a single number. A score can be as low as -100 (every respondent is a “detractor”) or as high as +100 (every respondent is a “promoter”). A positive NPS (i.e., one that is higher than zero) is generally deemed good, an NPS of +50 is generally deemed excellent, and anything over +70 is exceptional.

Center of Excellence

Brentwood Hospital

1006 Highland Avenue, Shreveport, LA 71101
318-678-7500 | 877-678-7500 | Military Phone 318-453-3357
brentwoodbehavioral.com

Services

- Military-specific treatment and case management
- Crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Post-traumatic stress
- Women’s Trauma Unit
- Partial Hospitalization Program (PHP)
- Outpatient psychiatrist services

Key Features

- Dedicated 14-bed unit
- Patient seen daily by contracted provider
- In-network TRICARE® and Veteran’s Community Care Provider
- Dedicated military liaison
- Referrals accepted 24/7
- Evidence-based therapeutic modalities: DBT, CBT, Living in Balance and EMDR
- Military veterans on staff
- Bio/psycho/social/spiritual focus
- Comprehensive medication management
- Focused on resiliency and post-traumatic growth
- Outcome measures for tracking patient progress
- Active partnership with military treatment facility, behavioral health clinic and command
- Command involvement on discharge planning
- Individual case management

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Center of Excellence

Cedar Hills Hospital

10300 SW Eastridge Street, Portland, OR 97225
503-944-5000 | 877-601-5303
cedarhillshospital.com

Services

- Specialized military program serving active duty, National Guard, reservists, veterans and First Responders
- Established track record since 2009 and enhanced cooperation with all branches of the U.S. military, the DOD/DHA and VA system
- 22 dedicated beds
- Referrals and admissions accepted 24/7/365
- Accelerated admissions to the Military Unit
- Dedicated Military Unit treatment team-program director, medical director, nurse manager and master’s-level therapists
- Dedicated military admissions coordinator and military liaison
- Veterans and reservists on full-time staff
- Military culture trained personnel
- Dual diagnosis chemical dependency/detoxification
- Medical detoxification treatment

Key Features

- Individualized treatment approach with comprehensive individual and group therapy structured around three treatment tracks: PTSD and (military) sexual trauma; substance use disorders and co-occurring mental health disorders track; mood disorders
- Evidence-based Cognitive Processing Therapy (CPT) specifically for combat-related PTS
- Cognitive Behavioral Therapy (CBT) for co-occurring disorders and mood disorders
- Substance Use Treatment: 12-Step Model including MATRIX model and SMART Recovery; on-site AA®, relapse and risk prevention and education.

- Weekly clinical updates involving the patient, military case manager, physicians and Commanders
- Real-time communication and active partnership with Military Treatment Facility, behavioral health clinic/teams, Command and military healthcare professionals
- Comprehensive medication management in accordance with DOD/VA formulary
- Command involvement in discharge planning
- Individualized discharge, safety and aftercare planning
- Outcomes measures for patient progress tracking (PCL-5, PHQ-9)
- Comprehensive approach focused on resiliency and post-traumatic growth
- On-site gym with dedicated recreational therapist
- Spiritual assistance
- Hospital Command special visits are allowed. Due to COVID-19, currently there is no face-to-face visitation for family or friends. However, phone calls/video chats can be made daily.

- Prolonged Exposure and Exposure Therapy Outings
- Evidence-based “Living in Balance” using Hazelden curriculum for addiction treatment
- Stress management practices including acupuncture, acupressure, yoga, Tai Chi, music, recreational, art therapy and pet therapy
- Treatment framework and philosophy focused on resiliency, readiness and post-traumatic recovery and growth

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Center of Excellence

Chris Kyle Patriots Hospital

a part of North Star Behavioral Health System

1650 S. Bragaw Street, Anchorage, AK 99508
907-433-7326 | 800-478-7575
chriskylepatriotshospital.com

Services

- Military/Veteran-specific treatment and case management
- Crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Post-traumatic stress
- 18 dedicated military beds
- Substance/alcohol use treatment: 12-step recovery based programming: on-site AA and NA groups; relapse risk, prevention and education.

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Dedicated military liaison
- Referrals accepted 24/7
- Direct admissions to unit for military patients
- Real-time communication with Command and military healthcare professionals
- Evidence-based therapeutic modalities for individual and group therapy: Cognitive Processing Therapy, Prolonged Exposure and Eye Movement Desensitization and Reprocessing (EMDR), and Cognitive Behavioral Therapy (CBT)
- Substance/alcohol use treatment: 12-step recovery based programming: on-site AA® and NA groups; relapse risk, prevention and education
- Focus of care around building resiliency characteristics through treating the mind, body and spirit
- Exposure therapy, off-site outings (upon approval)
- Music Therapy
- Yoga
- Pet Therapy
- Recreation and leisure skill-building groups
- Full gym and cardio equipment to include ROPES Course and rock wall
- 85% staff have served, are serving, and/or are connected to the military
- Comprehensive PTSD/complex treatment
- Comprehensive medication management in accordance with DOD/VA formulary
- Nursing and medical care 24/7
- Outcome measures for tracking patient progress
- Active partnership with military treatment facility, mental/behavioral health clinics and Command
- Command involvement on discharge planning
- Individual case management
- Dedicated Physical Therapy in daily schedule

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El Paso Behavioral Health System

1900 Denver Avenue, El Paso, TX 79902
915-544-4000 | 800-967-3411
elpasobh.com

Services

- Inpatient and outpatient services
- 18 dedicated beds
- Crisis stabilization
- Dual diagnosis
- Medical Detoxification
- Chemical dependency detoxification and 28-day substance use program (12-step, SMART Recovery, Living in Balance Curriculum)
- Complex trauma recovery (Prolonged Exposure, Cognitive Processing Therapy, and EMDR)
- Military sexual trauma recovery
- Behavioral pain management
- Electroconvulsive Therapy (ECT)
- Individual, Group, Family therapy
- Comprehensive medication management in accordance with DOD formulary

Key Features

- 24/7 streamlined admission process
- Integrated evidence-based treatment modalities
- Military veterans and retirees on staff
- Weekly clinical collaboration and command updates
- Active partnership with military treatment facility, ICE, border patrol, law enforcement, first responders
- Individualized clinical consultation and treatment plan collaboration
- Spirituality group with military chaplain and weekly services in on-site chapel
- Indoor gym with volleyball court, basketball court and Yoga
- Dedicated fitness room for military with full set of strength and aerobic equipment
- Indoor pool
- Expressive art therapy and pet therapy
- Biweekly barber services
- Special accommodations for families
- Military parking

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Center of Excellence

Emerald Coast Behavioral Hospital

1940 Harrison Avenue, Panama City, FL 32405
850-763-0017
emeraldcoastbehavioral.com

Services

- 38-bed military-specific unit and program
- Inpatient and outpatient services
- Crisis stabilization
- Trauma/chemical dependency/dual diagnosis/medical detoxification
- Medication management utilizing military formulary
- Sexual trauma
- Gambling addiction
- Sexual addiction
- Illicit drugs
- Substance use

Key Features

- Trauma treatment: comprehensive PTSD; complex PTSD; combat-related trauma; combat operational stress
- In-network TRICARE® and Veteran’s Community Care Provider
- Substance/alcohol use treatment: 12-step recovery-based programming; on-site AA®, NA and SAA groups; relapse risk, prevention and education; engaging support network and SMART Recovery®
- Rapid response time for admissions
- Real-time communication with Command and military healthcare professionals
- Military veterans on staff
- Collaborative interdisciplinary treatment team
- Nursing education groups
- Military-specific issues groups
- Individual, group and family therapy
- Individualized case management and discharge planning to meet referring base requirements
- Evidence-based therapeutic modalities: Cognitive Processing Therapy, Cognitive Behavioral Therapy, Prolonged Exposure, Transcranial Magnetic Stimulation, Dialectical Behavior Therapy and EMDR
- Outcome measures for tracking patient progress
- Dedicated military liaison and military/VA communications liaison
- Physical training integration: gym on unit; certified physical trainer; yoga; activity therapy
- Flexible visitation hours for chain of command and chaplain

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Laurel Ridge Treatment Center

17720 Corporate Woods Drive, San Antonio, TX 78259
210-491-9400 | 800-624-7975
laurelridgetc.com

Services

- Barber services available on campus
- Personal trainer
- Active alumni
- Military liaison on-call 24/7
- Military active-duty and veteran specific treatment
- Crisis stabilization
- Complex trauma program
- Substance use disorder and detox
- Dual diagnosis treatment
- Medical detoxification
- Medication management
- Specialized Therapeutic Services (STS)
- 80 dedicated military beds

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Evidence-based therapeutic modalities: Prolonged Exposure and Cognitive Behavioral Therapy, Dialectical Behavior Therapy
- Active partnership with Military Treatment Facility, Behavioral Health Clinic and Command
- Dedicated military services
- PTSD treatment: Prolonged Exposure, EMDR, and Cognitive Processing Therapy
 - Combat stress
 - Sexual trauma
- Substance use treatment: 12-step model and relapse prevention
 - Alcohol
 - Illicit drugs
 - Gambling
 - Sex
- Outcome measures
- Individual case management
- ROPES course
- Music therapy
- Yoga
- Functional fitness
- Art therapy
- Massage therapy
- Personal trainer
- Pastoral Care Services
- “BRUNO” Resident Bulldog

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Center of Excellence

Lincoln Trail Behavioral Health System

3909 S. Wilson Road, Radcliff, KY 40160
270-351-9444 | 800-274-7374
lincolnbhbehavioral.com

Services

- Comprehensive psychiatric evaluation by board-certified psychiatrist
- Crisis stabilization
- Psychiatric services
- Dual diagnosis
- Cognitive Behavioral Therapy, Cognitive Processing Therapy
- Eye Movement Desensitization and Reprocessing
- Individual psychotherapy
- Group psychotherapy
- Family education and therapy
- Medication management
- Medical detoxification
- Physical exam and medical consultation by board-certified primary care doctor
- 22-bed dedicated unit and program

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Therapeutic milieu, sensitive to the needs of trauma clients, maintained by trauma-informed and highly trained nursing and other mental health staff
- Collaborative interdisciplinary treatment team
- Military-experienced staff
- Nursing education groups
- Individualized care based on treatment issues
- 12-step recovery based programming
- On-site closed AA® meetings for military
- Integration and coordination with primary care providers and commanders
- Video conferencing
- Wellness Recovery Action Plan (WRAP), Living in Balance
- Self Management and Recovery Training (SMART)
- Access to spiritual support and guidance from a retired military chaplain
- Activity therapy – daily exercise in gymnasium and/or outdoor basketball court and other supervised recreation opportunities
- Periodic, supervised internet access for military-related purposes
- Flexible visitation hours for chain of Command and chaplain
- Family therapy
- Chronic pain management
- Expressive therapy
- 12-step facilitation
- Health and Wellness Center on unit
- Service dogs welcome

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Poplar Springs Hospital

350 Poplar Drive, Petersburg, VA 23805
804-733-6874 | 866-546-2229
poplarsprings.com

Services

- 32-bed unit with extended tracks for combat PTSD, sexual trauma, substance use and crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Military specific partial hospitalization program
- Sexual trauma programming for males and females
- Transcranial Magnetic Stimulation (TMS)
- Assistance to spiritual support
- Individualized dietary consult
- Outcome measures for patient tracking progress (PCL-5, PHQ-9, BASIC32)
- Psychological testing (as needed)
- Nursing educational groups
- Physical exam and medical consultation by board-certified primary care doctor

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- 18,000-square-foot facility solely for military personnel
- Program director and military coordinator with extensive military experience
- Evidence-based therapeutic modalities; Cognitive Processing Therapy, Dialectical Behavior Therapy, Cognitive Behavioral Therapy
- Active partnerships with Military Treatment Facilities, behavioral health clinics and Command teams
- Close proximity to medical hospital with emergency room
- Military veterans and retirees on staff
- Dedicated military liaison
- Seeking Safety® – trauma-informed care model
- Exclusive women’s unit
- Barber services
- Family sessions (when appropriate)
- Real-time communication with Command and military healthcare providers
- Liberal visitation for Commands
- Weekdays and weekend visitation for family and friends
- Indoor gym with basketball court
- Aquatic therapy (Memorial Day to Labor Day)
- Supervised internet access
- Service dogs are welcome
- Recognition of treatment completion with coin and certificate
- Extensive activity therapy, meditation, music, art and weekly exposure therapy
- Dedicated military care coordinator for 24/7 admissions
- Resiliency and post-traumatic growth focus
- Comprehensive medication management
- Outcome measures for tracking patient progress
- Individual case management
- AA®/NA meetings

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Center of Excellence

Salt Lake Behavioral Health

3802 South 700 East, Salt Lake City, UT 84106
877-640-0220
stronghope.com

Services

- Acute Inpatient Care
- Military Sexual Assault
- Chemical Dependency
- Medication Management
- Complex and combat trauma
- Dual Diagnosis
- Crisis Stabilization
- Borderline Personality Disorder
- 36 dedicated military beds
- Mood Disorder
- Post-Traumatic Stress Disorder (Specialization)
- Childhood Sexual Assault
- Medical Detoxification

Key Features

- In-network TRICARE® and Veteran’s Community Care
- Dedicated military milieu separate from general adult population
- Dedicated Male and Female Military Units
- Direct admissions with quick response time
- Neuropsychological Testing
- Evidence-based therapeutic modalities: Cognitive Processing Therapy, Dialectical Behavior Therapy, Cognitive-Behavioral Therapy, Eye Movement Desensitization and Reprocessing
- Comprehensive PTSD treatment – Bio/psycho/social/spiritual focus
- Comprehensive medication management in accordance with DOD/VA formularies
- Weekly AA® meetings
- Weekly visits to the National Ability Center
- Outcome measures for tracking patient progress
- Active partnership with military treatment facility, behavioral health clinic, and Command for both treatment and discharge planning
- Tenured clinical team
- Fit to Recover off-site structured fitness workouts
- Anger and domestic violence management
- Individual case management with full-time military case coordinator
- Dedicated full-time military liaison
- Key program staff with military backgrounds experienced in addressing the unique needs of service members
- Visits by a licensed psychiatrist and medical providers
- One-on-one therapy with an individual therapist
- One to two expressive therapy/recreational therapy groups per day
- Two to three trauma and skills groups per day
- Momentum Indoor Climbing program three times per month
- Relapse prevention
- Family sessions provided

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Stonington Institute

75 Swantown Hill Road, North Stonington, CT 06359
860-535-1010 | 860-235-5570 | 800-832-1022
stoningtoninstitute.com

Services

- In-Network Provider and Selected Veteran Administration Authorization
- 28-day co-occurring program
- Military program dedicated to active duty, veterans, National Guard and reserves
- Specializing in substance use
- Voluntary residential program
- Daily trauma processing group
- Located on 27 acres in rural Connecticut
- Detoxification services on campus
- Streamlined admission process
- Medication management
- 34 dedicated beds

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Cognitive Processing Therapy (CPT)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Acceptance and Commitment Therapy
- Eye Movement Desensitization Therapy (EMDR)
- Seeking Safety
- 12 Step facilitation
- Individual therapy
- Holistic Treatments
 - Activity Therapy
 - Yoga Therapy
 - Physical Therapy
 - Art Therapy
 - Martial Arts
- Family and couples counseling
- Group psychoeducation
- Life skills treatment Including:
 - anger management
 - conflict resolution
 - coping skills
- Treatment focus on military-specific issues:
 - Separation adjustment
 - Deployment readiness
 - Loss and grief counseling
 - Combat trauma
 - Sexual trauma
 - Transition adjustment

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Center of Excellence

University Behavioral Health of Denton

2026 W. University Drive, Denton, TX 76201
940-320-8100 | 888-320-8101
ubhdenton.com

Services

- Military liaison on call 24/7
- Specialized military program serving active duty, National Guard, reservists, veterans and first responders
- Comprehensive individualized treatment plans
- Acute inpatient care
- Medical detoxification on-site
- Neuropsychological testing
- Military Sexual Trauma (MST)
- Sexual trauma/childhood sexual trauma
- Complex Post Traumatic Stress Disorder (PTSD) (combat and non-combat)
- Crisis stabilization
- Effects of traumatic brain injury (TBI)
- Sleep & insomnia disorders
- Borderline personality disorders
- Grief/loss
- Anxiety/depression
- Chemical dependency
- Dual diagnosis
- Emotional regulation

Key Features

- In-network TRICARE® and Tri West/CNN
- Medication management aligned with DOD/VA formularies
- Outcomes measures to indicate patient progress and program effectiveness
- Streamlined referral process with 24-hour clinical admissions team
- Comprehensive communication with Military Treatment Facility (MTF) and Command for seamless treatment and discharge planning
- Multiple individual therapy sessions per week
- AA®/NA meetings
- Physical fitness center/gym on-site
- Gender specific sexual trauma groups
- Multidisciplinary team approach utilizing dedicated therapists and physicians
- Group and individual therapy: psychoeducational groups, process groups, addiction education groups, nursing education groups, domestic violence, anger management and family sessions
- Evidence-based therapeutic modalities: Cognitive Processing Therapy (CPT), Cognitive Behavioral Therapy (CBT), Cognitive Behavioral Therapy-Insomnia (CBT-I), Dialectical Behavior Therapy (DBT), Eye Movement Desensitization and Reprocessing Therapy (EMDR), Schema-Focused Cognitive Therapy, Rational Emotive Behavior Therapy (REBT), Solution-Focused Therapy (SFT), Narrative Therapy, Choice/Reality Therapy, Adlerian Theory, Attachment Theory and Positive Recovery
- Exposure Therapy/therapeutic outings
- Flexible visitation hours for Command and family
- Yoga, experiential therapy, recreational therapy, and pet therapy

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Windmoor Healthcare

11300 US 19 North, Clearwater, FL 33764
727-541-2646
windmoor.com

Services

- Comprehensive Program for Military, Veterans, Guard, Reservists, First Responders
- Electroconvulsive Therapy
- Chemical dependency/detoxification
- Medical detoxification treatment
- Psychological testing & assessment
- Medication management
- Treatment of:
 - Trauma (to include military sexual trauma, deployment trauma, and complex trauma and childhood trauma)
 - Substance use and addictions
 - Acute mental disorders
 - Depressive disorders
 - Psychosomatic conditions
 - Mood Instability and anxiety
 - Anger/impulsive behaviors
 - Phobic conditions
 - Dual diagnosis

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- 10 bed co-ed unit
- Individualized treatment plans and goals
- Dedicated military liaison
- Continuous communication to referral sources
- Evidence-based treatment consistent with VA/DOD clinical practice guidelines (PE, CPT, EMDR, CBT, ACT, DBT)
- AA®/NA meetings and SMART Recovery® principles
- Designated gym
- PT led by certified personal trainers
- Veterans on staff
- Structured environment
- Outcomes measures for tracking patient progress including PHQ-9 & PCL-5
- Active partnership with MTFs, behavioral health clinics, and Command
- Individual case management

Contacts

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Service Center

Cedar Springs Hospital

2135 Southgate Road, Colorado Springs, CO 80906
719-633-4114 | 800-888-1088
cedarspringshospital.com

Services

- Military-specific case management
- Psychiatric services
- Acute crisis stabilization
- Medically supervised detoxification
- Inpatient addiction recovery and co-occurring rehabilitation program
- Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) for complex trauma, military sexual trauma, mental health, substance use, or co-occurring disorders
- TRICARE® certified adolescent RTC

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
 - Direct military admissions 24/7
 - Reserved parking area for military personnel and families
 - Military veterans on staff
 - Accommodation for Command visits and support
 - Relapse prevention skills through Alcoholics Anonymous® and SMART Recovery®
 - Comprehensive medication management
 - Evidence-based therapeutic modalities: Cognitive Processing Therapy, Cognitive Behavioral Therapy, Dialectical Behavior Therapy
 - Other modalities: Eye Movement Desensitization and Reprocessing, equine-assisted therapy, recreational therapy, physical exercise, pet therapy, yoga/mindfulness-based stress reduction therapy
- Emphasis on resiliency and post-traumatic growth
 - Emphasis on Return to Duty with Honor
 - Emphasis on reintegration
 - Family education and support
 - Individualized treatment plans
 - Weekly active duty military treatment updates
 - Outcome measures for tracking patient progress
 - Active partnership with MTF and Command
 - Command involvement on discharge planning
 - Off-campus boarding available for military partial hospitalization referrals
 - Nationally accredited school on campus for adolescents in RTC

Contacts

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Coastal Harbor Health System

1150 Cornell Avenue, Savannah, GA 31406
912-354-3911 | 844-657-2638
coastalharbor.com

Services

- Crisis stabilization
 - Dual diagnosis/medically supervised detoxification
 - Inpatient, partial hospitalization, and intensive outpatient
 - Referrals accepted 24/7
 - Evidence-based therapeutic modalities (Cognitive Behavioral Therapy/Cognitive Processing Therapy)
 - Complete psychiatric evaluation with daily rounds by medical staff
 - Medication management
 - Substance use detox
 - Direct admissions to unit for military patients
 - Military veterans on staff
- Focus on resiliency and reintegration
 - Prolonged exposure therapy
 - Active partnership with military behavioral health and Command
 - Command involvement on discharge planning
 - Dedicated Physical Therapy in daily schedule
 - Individual case management
 - Family therapy
 - Re-integration activities
 - 12-step groups

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Anxiety disorders
- Adjustment disorders
- Substance use
- Mood disorders such as depression and bipolar
- Chronic pain

Contacts

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Brian Nutter, Military Case Coordinator
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Deena Schwabe, Director of Admissions
912-354-3911 | Deena.Schwabe@uhsinc.com

Service Center

Cumberland Hall Hospital

270 Walton Way, Hopkinsville, KY 42240
270-886-1919 | 877-281-4177
cumberlandhallhospital.com

Services

- Military-specific treatment
- Crisis stabilization
- Dual diagnosis chemical dependency/detoxification
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management
- Post-traumatic stress
- Military-specific partial hospitalization program
- 34 dedicated military beds

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Direct admissions for military
- Evidence-based therapeutic modalities: Cognitive Processing Therapy, Dialectical Behavior Therapy, etc.
- Other modalities: Eye Movement Desensitization and Reprocessing
- Military veterans on staff
- Complex trauma treatment
- Bio/psycho/social/spiritual focus
- Comprehensive medication management
- Outcome measures for tracking patient progress
- Command involvement on discharge planning
- Individual case management
- Family involvement throughout treatment

Gulfport Behavioral Health System

11150 Highway 49 N., Gulfport, MS 39503
800-831-1700
gulfportbehavioral.com

Services

- Comprehensive Program for all Active Military Branches, Guard and Reservists
- Chemical dependency/detoxification
- Medical detoxification treatment
- Psychological testing & assessment
- Medication management
- Treatment of:
 - Suicidal thoughts, actions
 - Homicidal thoughts, actions, and harm to others
 - Trauma including:
 - Military deployment trauma
 - Sexual trauma
 - Complex trauma
 - Childhood trauma
 - Effects of major life events
 - Dual Diagnosis with substance use and addictions
 - Acute mental disorders
 - Depressive disorders
 - Psychosomatic conditions
 - Anger/impulsive behaviors
 - Phobic conditions

Key Features

- In-network TRICARE® Care Provider
- 18 bed co-ed unit
- Streamlined direct referral and admission process
- Individualized treatment plans and goals
- Dedicated military liaison
- Continuous communication to referring military mental health providers
- Evidence-based treatment consistent with VA/DOD clinical practice guidelines (PE, CBT, ACT, DBT)
- Alternative therapy such as pet, gardening, yoga, meditation
- AA®/NA® meetings and SMART Recovery® principles
- Designated gym with PT program led by certified personal trainers
- Dedicated Veteran, prior military, or military dependent staff
- Military milieu, specific programming and unit environment
- Outcomes measures for tracking patient progress including PHQ-9 & PCL-5
- Active participation with MTFs, behavioral health clinics, and Command (as necessary)
- Individual case and therapy
- Open visits from military Chaplin at election of service member
- In-person or virtual visits with Command and family

Contacts

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Contacts

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Stephen.East@uhsinc.com

Richard Jones, Program Manager
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Service Center

Palmetto Lowcountry Behavioral Health

2777 Speissegger Drive, Charleston, SC 29405
843-747-5830 | 877-947-3223
palmettobehavioralhealth.com

Services

- Military-specific treatment and case management
- Crisis stabilization
- Inpatient dual diagnosis treatment
- Medical detoxification treatment
- Medication management in accordance with DOD formulary
- Post-traumatic stress
- Pain management
- Psychiatric partial hospitalization program
- Psychiatric intensive outpatient program
- Substance abuse intensive outpatient program

Key Features

- In-network TRICARE® and Veteran’s Community Care Provider
- Dedicated physician military liaison
- Referrals accepted 24/7
- Direct admissions to unit for military patients
- Evidence-based treatment interventions: Cognitive Behavioral Therapy, Motivational Interviewing, Brief, Solution-Focused Therapy, Rational Emotive Behavior Therapy, Interpersonal Therapy, Emotion-Focused Therapy, Mindfulness-Based Therapy
- Weekly clinical collaboration with Command
- Command involvement with discharge planning
- Bio/psycho/social/spiritual focus
- Comprehensive medication management
- Focused on resiliency and post-traumatic growth

- Active partnership with military treatment facility, behavioral health clinic and Command
- Individual case management
- Military parking
- Indoor gym
- Alternative therapies: yoga, music, art

Contacts

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Director of Clinical Services
843-266-7066 | Katherine.Hampton@uhsinc.com

River Oaks Hospital

1525 River Oaks Road West, New Orleans, LA 70123
504-734-1740 | 800-366-1740
riveroakshospital.com

Services

- Military Sexual Trauma (MST) Program
- Eating Disorders Treatment Program
- PTSD Program
- Medical Detoxification Program
- Dual Diagnosis Treatment Program
- Outpatient Treatment Services: IOP and PHP
- Military-Specific Treatment and Case Management
- Acute Inpatient Care
- Compulsive Behavior Treatment
- Dedicated Military Liaison on call 24/7

Key Features

- In-Network with TRICARE® and Veterans Community Care Provider
- Eating Disorders Treatment: Anorexia Nervosa, Bulimia Nervosa, Atypical Anorexia, Avoidant/Restrictive Food Intake Disorders (ARFID), Other Specified and Unspecified Eating Disorders
- Trauma Treatment: Military Sexual Trauma (MST), Comprehensive PTSD, Complex PTSD; Childhood Trauma
- Medication Management aligned with DOD/VA formularies
- Real-time communication with Command and military healthcare professionals and Command involvement on discharge
- Evidence-based therapeutic modalities: DBT, CPT, CBT, EMDR, ACT
- Referrals 24/7
- Private Gym
- Service Dogs Welcomed

Contacts

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Heather Joseph, Chief Executive Officer
Heather.Joseph@uhsinc.com

22 UNIVERSAL HEALTH SERVICES, INC.

PATRIOT SUPPORT PROGRAMS 23

The Pavilion at Northwest Texas Healthcare System

1501 S. Coulter, Amarillo, Texas 79106

806-354-1810 | 1-800-537-2585

pavilionnwtexashealthcare.com

Services

- Crisis stabilization
- Chemical dependency detoxification and 28-day substance use treatment program
- Extending psychiatric treatment
- Nurse education groups
- Individual psychotherapy
- Post-traumatic stress
- Depression, anxiety, guilt
- Anger management
- Medication management
- Medical detoxification treatment
- SMART Recovery®, Hazelden and introduction to 12-step modalities

Key Features

- In-network TRICARE® and Veteran's Community Care Provider
- Referrals accepted 24/7
- Evidence-based treatment modalities: Cognitive Processing Therapy, Seeking Safety® Living in Balance
- Access to chaplain and spiritual support
- Military veterans on staff
- Family education, participation and therapy
- Focused on resiliency and post-traumatic growth
- Interdisciplinary treatment team with licensed mental health professionals, psychiatric nurses, psychiatrists, and physicians
- The Pavilion is connected to a 385-bed medical hospital

Contacts

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Rick.Anderson@nwths.com



*You've Served Us.
Now Let Us Serve You.*



PATRIOT SUPPORT PROGRAMS of UHS

TRICARE®, VETERAN AND RESERVE/NATIONAL GUARD SUPPORT

UHS Facilities are TRICARE® certified and provide a comprehensive array of programs and services for Active Duty Services Members, Reserve/National Guard Ready Reserve Service, Veterans and their families. Our qualified staff have extensive experience working in acute and residential settings. Staff understand the needs of service members, veterans and their families, including the struggles of dealing with multiple deployments, transitional stress, anxiety, substance use/chemical dependency and influence of peers. Staff work diligently to help ensure a climate of support, resolution and personal success with a focus on reuniting the family as quickly as possible.

Current TRICARE® Certified and Contracted Residential Treatment Centers

North Star Behavioral Health System - Anchorage, AK
Alabama Clinical Schools - Birmingham, AL
Laurel Oaks - Dothan, AL
Pinnacle Pointe - Little Rock, AR
Cedar Springs Behavioral Health Services - Colorado Springs, CO
Palm Shores Behavioral Health Center - Bradenton, FL
La Amistad Behavioral Health Services - Maitland, FL
Sandy Pines - Tequesta, FL
Coastal Harbor Treatment Center - Savannah, GA
Laurel Heights Hospital - Atlanta, GA
Lighthouse Center of Augusta - Augusta, GA
Columbus Behavioral Center - Columbus, IN
Valle Vista Health System - Greenwood, IN
Midwest Center for Youth and Families - Kouts, IN
Michiana Behavioral Health Center - Plymouth, IN
Lincoln Trail Behavioral Health System - Radcliff, KY
The Brook Hospital, Dupont - Louisville, KY
The Brook-KMI - Louisville, KY
Heartland Behavioral Health Services - Nevada, MO
Diamond Grove Center - Louisville, MS
Brynn Marr Hospital - Jacksonville, NC
Mesilla Valley Hospital - Las Cruces, NM
Willow Springs Center - Reno, NV
Belmont Pines Hospital - Youngstown, OH
Foundations for Living - Mansfield, OH
Cedar Ridge - Oklahoma City, OK

Palmetto Summerville - Summerville, SC
Three Rivers RTC Midlands - Columbia, SC
Oak Plains Academy - Ashland, TN
Cedar Grove RTC - Murfreesboro, TN
Compass Intervention Center - Memphis, TN
Mountain Youth Academy - Mountain City, TN
Hermitage Hall - Nashville, TN
Natchez Trace Youth Academy - Waverly, TN
Laurel Ridge Treatment Center - San Antonio, TX
Meridell Achievement Center - Liberty Hill, TX
San Marcos Treatment Center - San Marcos, TX
Center for Change - Orem, UT
Provo Canyon Schools Boys Campus - Provo, UT
Provo Canyon Springville - Springville, UT
Copper Hills Youth Center - West Jordan, UT
Benchmark Behavioral Health System - Woods Cross, UT
The Hughes Center - Danville, VA
North Spring Behavioral Healthcare - Leesburg, VA
Cumberland Hospital - New Kent, VA
Newport News Behavioral Health Center - Newport News, VA
Kempsville Center for Behavioral Health - Norfolk, VA
Poplar Springs Hospital - Petersburg, VA
Harbor Point Behavioral Health Center - Portsmouth, VA
Liberty Point Behavioral Healthcare - Staunton, VA
Wyoming Behavioral Institute - Casper, WY

Substance Use Disorder Treatment Centers

Foundations Los Angeles - Encino, CA
Foundations San Francisco - San Francisco, CA
Michael's House - Palm Springs, CA
The Canyon of Santa Monica - Los Angeles, CA
Black Bear Treatment Center - Suches, GA
Foundations Atlanta - Atlanta, GA
Foundations Roswell - Roswell, GA
Foundations Chicago - Chicago, IL
Foundations Detroit - Royal Oak, MI
Skywood Recovery - Augusta, MI
Foundations Nashville - Nashville, TN

1-888-505-1475

Current as of 1/1/2022

UHS Universal Health Services, Inc.

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PATRIOT SUPPORT PROGRAMS of UHS

TRICARE®, VETERAN AND RESERVE/NATIONAL GUARD SUPPORT

TRICARE® Certified and Networked Facilities

Facilities that offer an array of services for TRICARE beneficiaries.

Chris Kyle Patriots Hospital - Anchorage, AK
North Star Behavioral Health System - Anchorage, AK
Hill Crest Behavioral Health Services - Birmingham, AL
Laurel Oaks Behavioral Health Center - Dothan, AL
Pinnacle Pointe Behavioral Healthcare System - Little Rock, AR
Rivendell Behavioral Health Services of Arkansas - Benton, AR
The BridgeWay - N. Little Rock, AR
Palo Verde Behavioral Health - Tucson, AZ
Quail Run Behavioral Hospital - Phoenix, AZ
Valley Hospital - Phoenix, AZ
Alhambra Hospital - Rosemead, CA
Canyon Ridge Hospital - Chino, CA
Corona Behavioral Health - Corona, CA
Del Amo Hospital - Torrance, CA
Heritage Oaks Hospital - Sacramento, CA
Sierra Vista Hospital - Sacramento, CA
Fremont Hospital - Fremont, CA
Cedar Springs Hospital - Colorado Springs, CO
Centennial Peaks Hospital - Louisville, CO
Highlands Behavioral Health System - Littleton, CO
Stonington Institute - North Stonington, CT
The George Washington University Hospital - Washington, DC
Psychiatric Institute of Washington - Washington, DC
Dover Behavioral Health System - Dover, DE
Rockford Center - Newark, DE
Emerald Coast Behavioral Hospital - Panama City, FL
Fort Lauderdale Hospital - Fort Lauderdale, FL
River Point Behavioral Health - Jacksonville, FL
Suncoast Behavioral Health Center - Bradenton, FL
The Vines Hospital - Ocala, FL
University Behavioral Center - Orlando, FL
Wekiva Springs Hospital - Jacksonville, FL
Windmoor Healthcare - Clearwater, FL
Palm Point Behavioral Health - Titusville, FL
Coral Shores Behavioral Health - Stuart, FL
Anchor Hospital - Atlanta, GA
Coastal Behavioral Health System - Savannah, GA
Crescent Pines Hospital - Stockbridge, GA
Peachford Hospital - Atlanta, GA
St. Simons By-the-Sea - St. Simons Island, GA
SummitRidge Hospital - Lawrenceville, GA
Turning Point Hospital - Moultrie, GA
Intermountain Hospital - Boise, ID
Lincoln Prairie Behavioral Health Center - Springfield, IL

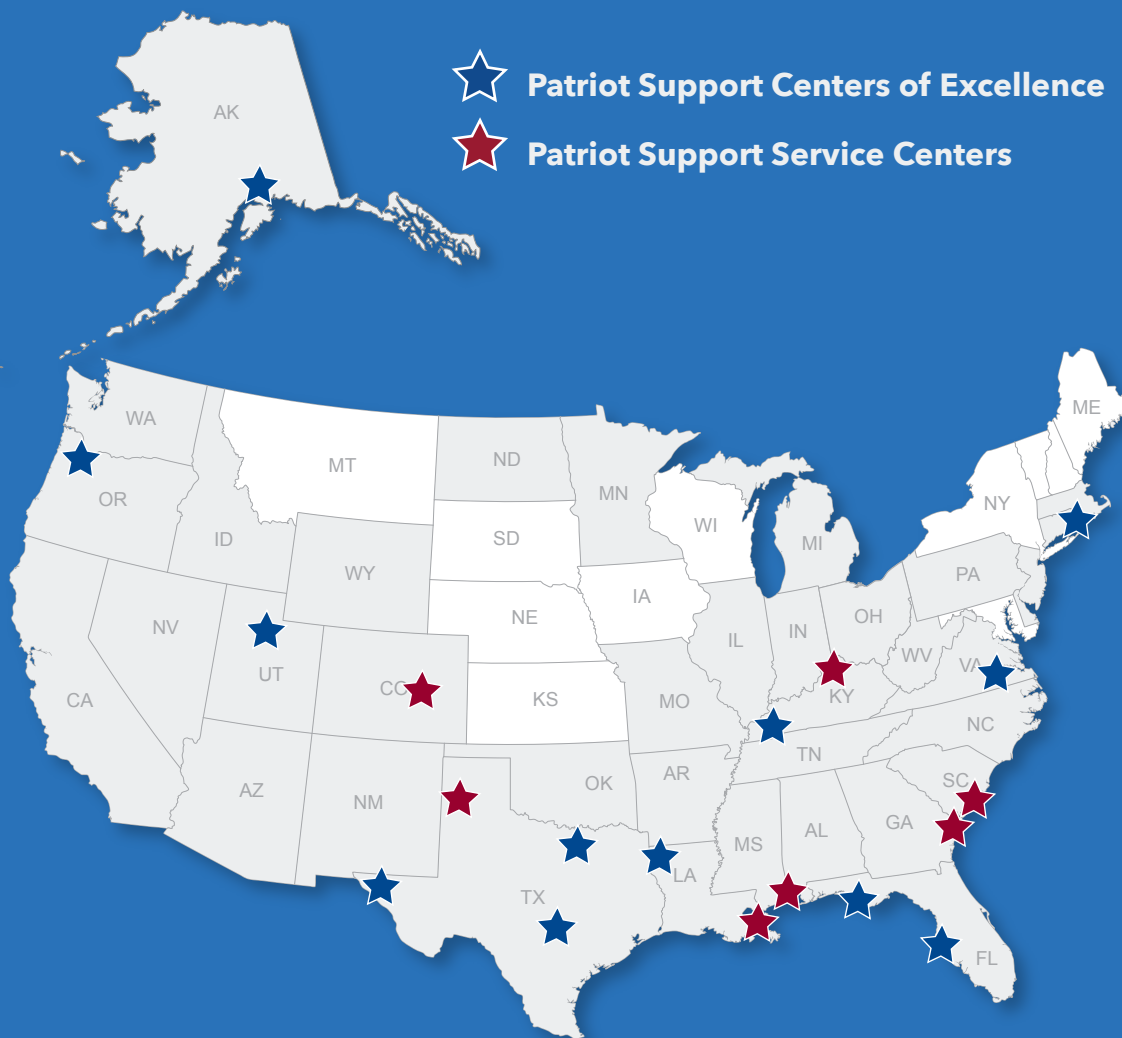
The Pavilion Behavioral Health System - Champaign, IL
Hartgrove Hospital - Chicago, IL
Riveredge Hospital - Forest Park, IL
Streamwood Behavioral Health System - Streamwood, IL
Bloomington Meadows Hospital - Bloomington, IN
Michiana Behavioral Health Center - Plymouth, IN
Valle Vista Health System - Greenwood, IN
Wellstone Regional Hospital - Jefferson, IN
Cumberland Hall Hospital - Hopkinsville, KY
Lincoln Trail Behavioral Health System - Radcliff, KY
Rivendell Behavioral Health Services - Bowling Green, KY
The Brook-KMI - Louisville, KY
The Ridge Behavioral Health System - Lexington, KY
The Brook Hospital - Dupont, Louisville, KY
Brentwood Hospital - Shreveport, LA
River Oaks Hospital - Harahan, LA
Arbour Hospital - Boston, MA
Arbour Fuller Hospital - South Attleboro, MA
Arbour HRI Hospital - Brookline, MA
Pembroke Hospital - Pembroke, MA
Forest View Hospital - Grand Rapids, MI
Havenwyck Hospital - Auburn Hills, MI
Cedar Creek Hospital of Michigan - St. Johns, MI
Pride Institute - Eden Prairie, MN
Heartland Behavioral Health Services - Nevada, MO
Alliance Health Center - Meridian, MS
Brentwood Behavioral Healthcare of MS - Flowood, MS
Diamond Grove Center - Louisville, MS
Parkwood Behavioral Health System - Olive Branch, MS
Old Vineyard Behavioral Health Services - Winston-Salem, NC
Brynn Marr Hospital - Jacksonville, NC
Holly Hill Hospital - Raleigh, NC
Prairie St. Johns - Fargo, ND
Hampton Behavioral Health Center - Westhampton, NJ
Summit Oaks Hospital - Summit, NJ
Mesilla Valley Hospital - Las Cruces, NM
Spring Mountain Sahara - Las Vegas, NV
Spring Mountain Treatment Center - Las Vegas, NV
West Hills Hospital - Reno, NV
Arrowhead Behavioral Health - Maumee, OH
Belmont Pines Hospital - Youngstown, OH
Windsor-Laurelwood Center - Willoughby, OH
Bethany Behavioral Health - Bethany, OK
Cedar Ridge Hospital - Oklahoma City, OK
Cedar Hills Hospital - Beaverton, OR
Brooke Glen Behavioral Health - Fort Washington, PA
Clarion Psychiatric Center - Clarion, PA

Fairmount Behavioral Health System - Philadelphia, PA
Foundations Behavioral Health - Doylestown, PA
Friends Hospital - Philadelphia, PA
The Horsham Clinic - Ambler, PA
The Meadows - Centre Hall, PA
Roxbury Treatment Center - Shippensburg, PA
Lancaster Behavioral Health Hospital - Lancaster, PA
Panamericano - Cidra, PR
Aurora Pavilion Behavioral Health System - Aiken, SC
Lighthouse Care Center of Conway - Conway, SC
Palmetto Lowcountry Behavioral Health - N. Charleston, SC
The Carolina Center for Behavioral Health - Greer, SC
Three Rivers Behavioral Health - West Columbia, SC
Lakeside Behavioral Health System - Memphis, TN
Rolling Hills Hospital - Franklin, TN
Austin Lakes Hospital - Austin, TX
Austin Oaks Hospital - Austin, TX
Mayhill Hospital - Denton, TX
University Behavioral Health of Denton - Denton, TX
Behavioral Hospital of Bellaire - Houston, TX
El Paso Behavioral Health System - El Paso, TX
Cypress Creek Hospital - Houston, TX
Glen Oaks Hospital - Greenville, TX
Hickory Trail Hospital - DeSoto, TX
Kingwood Pines Hospital - Kingwood, TX
Laurel Ridge Treatment Center - San Antonio, TX
Mayhill Hospital - Denton, TX
Millwood Hospital - Arlington, TX
The Pavilion at Northwest Texas - Amarillo, TX
River Crest Hospital - San Angelo, TX
South Texas Behavioral Health Center - Edinburg, TX
Texas NeuroRehab Center - Austin, TX
Texoma Medical Center Behavioral Health Center - Sherman, TX
West Oaks Hospital - Houston, TX
Garland Behavioral Hospital - Garland, TX
Provo Canyon Behavioral Hospital - Orem, UT
Salt Lake Behavioral Health - Salt Lake City, UT
Kempsville Center for Behavioral Health - Norfolk, VA
Poplar Springs Hospital - Petersburg, VA
Virginia Beach Psychiatric Center - Virginia Beach, VA
Fairfax Hospital - Everett, WA
Fairfax Hospital - Kirkland, WA
Fairfax Hospital - Monroe, WA
Inland Northwest Behavioral Health - Spokane, WA
River Park Hospital - Huntington, WV
Wyoming Behavioral Institute - Casper, WY

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Learn more about the
Behavioral Health Division of UHS
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To learn more about our services
and programs please call our
National Resource Line at
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